

144

6 INTRODUCTION

14 WHAT IS A CEPHALOPOD?

42 BEACHES, TIDE POOLS, SANDFLATS, AND MUDFLATS

76 SEAGRASS BEDS, KELP FORESTS, AND ROCKY REEFS

114 CORAL REEFS OPEN OCEAN

..... MIDWATER

212 DEEP SEA

248 ANTARTICA AND THE ARCTIC

278	Glossarv
2/0	Clossery

- 282 Resources
- 284 Index
- 288 Picture credits

WHAT IS A CEPHALOPOD?

Predator and prey

Even the tiniest cephalopod paralarvae were thought to hunt for their food, until recent work on flying squid (Ommastrephidae) paralarvae revealed that they do not attack prey right after hatching. Instead, they scavenge bits of dead bodies, feces, and mucus. But they soon move on to capturing the tiniest possible prey: shrimplike plankton that feed on individual algal cells. As the squid grow, they integrate that planktonic nutrition into their bodies, building themselves big enough to go after larval fish and crabs, until eventually they can target adults of these same species.



HUNTING AND SCAVENGING TECHNIQUES

Cephalopods tend to be generalist predators, ready to attack whatever prey is available. In practice, any given environment tends to present a consistent array of prey species, so cephalopods can and do specialize. Some octopus species focus on drilling into snail shells and slurping out the contents; others munch primarily on crabs. Nautiluses, for their part, go after the cast-off molts of lobsters to get the calcium they need to build their own shells. And the Vampire Squid (*Vampyroteuthis infernalis*) collects detritus, similar to the dietary habits of flying squid paralarvae, but on a larger scale.

Cephalopods use their appendages to catch food: if tentacles are present, they can be shot out in a highspeed tentacular strike, almost like a frog's tongue going after a fly. Arms can capture food too, and if there are webs between those arms, they can engulf the prey in a deadly parachute. Appendages are sometimes considered part of a cephalopod's gape, the width of a predator's mouth. Gape size determines how big a prey item the predator can go after, and a cephalopod is not limited by the relatively small size of its beak. As long as it can keep the prey trapped in its arms, then it can take bite after bite until everything is consumed. What's more, some species have venom that can dissolve biological tissue, further breaking down large prey items.

PREDATORS ON CEPHALOPODS

Over the course of their lives, cephalopods integrate energy and nutrients from a wide range of sources into a single delicious package that is, in turn, eaten by a huge range of predators—including humans. So far, we haven't managed to eat any cephalopod species to

Anemones, although sedentary, are voracious predators and scavengers. This small cephalopod may have been caught alive by the anemone's stinging tentacles or it may have been collected after dying from other causes.

← As exploratory hunters, cephalopods like this octopus may encounter new potential prey items, and learn through experience whether they are worth consuming.



extinction. It would be nice to keep it that way, especially because squid are an integral part of so many other animals' diets: toothed whales, dolphins, porpoises; seals and sea lions and otters; seabirds, especially albatrosses; fish of many kinds, from sharks to rockfish to eels. All of these animals depend on an abundance of cephalopods throughout the world's seas. There's a reason that frozen squid is one of the most popular bait items.

Given the evolutionary flexibility of cephalopods, displayed over hundreds of millions of years of evolution, it's actually surprising that they're all carnivores. Why haven't any cephalopods evolved to eat seaweed? Why haven't they evolved to farm algae inside their bodies? Plenty of other "carnivorous" animals, such as sea anemones and sea slugs, have mastered that trick. It's a mystery we can hold onto as we explore all the diversity we do know about.

The rest of this book will be organized by habitat, so we can visit cephalopods in their own homes. We will explore the physical, chemical, and biological properties of each habitat before meeting the cephalopod species that reside there.



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At the interface of land and sea

Some of the most striking human-cephalopod interactions occur when a cephalopod crawls out of the water, moving into our habitat seemingly to investigate us. One viral video in 2018 recorded an octopus at the Fitzgerald Marine Reserve in California oozing across seaweed-covered rocks, hauling the additional weight of a dead crab, which it deposited at the feet of the filming human before making its way back to the water. "What a friendly dude," the camera operator commented. Another viral video in 2021 recorded a more aggressive interaction on a beach in Western Australia, where an octopus struck a beachgoer several times with its arms, earning a reputation as the "angriest octopus" on the beach.



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AT THE INTERFACE OF THE LAND AND SEA



MOVING ONTO LAND

Do our anthropomorphic interpretations hold any water? Perhaps these octopuses were attracted to, or confused by, some stimulus we wouldn't even notice. Is there any way to determine the "real" motivations of cephalopods in these interactions, or can we only make imperfect guesses? What's certain is that very few ocean animals come onto land voluntarily. Seals and otters are exceptions, since they give birth on land, but truly marine mammals like whales and dolphins are in trouble if they get stranded on a beach. A few unusual fish can propel themselves out of water and survive for a time, and crabs can trot around on land and even, in the highly unusual case of the coconut crab, climb trees. However, the vast majority of marine life sticks to a habit of full submersion.

The space where sea meets land seems like it ought to be a barren expanse, where neither terrestrial nor marine life can thrive. However, this habitat has been around for longer than life has existed on Earth,

↗ Octopus vases are recognizable pottery from the Minoan civilization, which thrived on Crete and other Aegean islands 5,000 years ago.

← Many animals are adapted to life in these transient habitats, alternately connected to and disconnected from the rest of the sea. and many groups of animals have evolved adaptations to inhabit this liminal space. Explore any rocky tide pool or sandy beach, and you'll find a range of barnacles and clams, crabs and anemones, worms and snails. And, if you're lucky, cephalopods.

Cephalopods tend to be some of the hardest tide pool inhabitants to spot, which might be why we get so excited when we do. One reason you're less likely to see a cephalopod than a snail is that cephalopods are relatively large predators, and any ecosystem can only sustain a limited number of those. Think of a forest, and how many more rabbits and deer it contains than wolves. Another reason we rarely see cephalopods on the beach is that they tend to be night-active, while humans tend to be day-active. And finally, of course, cephalopods have those remarkable camouflage abilities (see pages 30–33).

OCTOPUSES AND HUMANS

Elusive as they are, however, the cephalopods at the interface of land and sea were the first cephalopods that we humans became acquainted with. These are the octopuses that found their way into ancient paintings and frescoes and onto pottery. People have discovered time and again that octopuses will happily climb into and inhabit human-created objects, from ceramic jugs to discarded cans and bottles. Fishing for octopuses by putting pots in the water and then hauling them back up is a long-standing tradition.



← Although most species are nocturnal, octopuses can occasionally be spotted by daytime beachgoers.

→ The markings of a blue-ringed octopus can be hidden from view when it wants to camouflage, or be brought into bright emphasis to frighten away predators with the message: "I'm venomous, don't mess with me!"

PLINY AND THE OCTOPUS

Humans must have been curious about cephalopods for as long as we've known about them. That's our scientific impulse: to ask, what are these creatures? How do they live? Why do they act the way they do? In one of the first European works of natural history, Pliny the Elder (23–79 CE) wrote about an octopus that not only crawled out of the sea, but made its way through a fence and into a factory to partake of the ancient Roman delicacy of fermented fish guts. According to Pliny, the octopus had an arm span of over 20 ft (6 m), which could have been true or could be an example of our human tendency toward exaggeration. Of all cephalopods, octopuses predominate at the ocean edges because they are the crawlers; most squid and cuttlefish and all of the nautiluses are swimmers. Tide pools and beaches are not great places for swimming. However, we will meet a cuttlefish, and a couple of cuttlefish cousins, that have adapted to a bottom-sitting, rock-sticking lifestyle. Octopuses, though, have really spread into this habitat. Both the tiniest and the largest octopus species occur here, illustrating that this ecosystem, despite its narrow width, has a lot of niches to fill.

Our interaction with octopuses at the rim of our terrestrial home has typically been tinged with a hint of danger, to a variable extent depending on how large and how venomous the octopuses are in that particular part of the world. All octopuses have some amount of distributed, posted, or reproduced in any form by digital or mechanical means without prior written permission of the publisher.



venom in their saliva, but in most species it's not strong enough to seriously hurt humans. The exceptions are the blue-ringed octopuses (*Hapalochlaena* spp.) in the Indo-Pacific—and these do, in fact, inabit the intertidal. They are not aggressive, however, and would much prefer to flash their bright colors and warn us away than to bite. Most cases of bites have occurred when human behavior was particularly reckless.

WELCOME TO THE INTERTIDAL

The intertidal is an interesting place to do science. It's right there next to land—you don't have to get on a boat or in a submersible or send down a robot. And yet, it's a rough environment. Scientists and their equipment must struggle with all the same challenges as the organisms making their home there. Thus, despite their proximity to us, intertidal cephalopods have retained a great deal of mystery, and many of the species profiled in this chapter and their amazing habits were only very recently uncovered.

Let's metaphorically wet our feet with a foray into the intertidal zone—the part of the marine habitat that exists at the edge of the land. Some of us humans have lives tightly tied to the tides: fishers, oceanographers, those who live and work on coastlines. Others may have never seen a rising or falling tide. Many animals, though, depend on the tides for their very existence, because the changing height of the sea creates an entire complex ecosystem.

Tides and their impacts

Depending on where you live in the world, you might have more or less experience with tides. While very large bodies of fresh water have slight tides, an ocean is necessary for a significant tide and, even then, there's a lot of variation in tidal height from place to place. In the Bay of Fundy, Canada, the height of the sea can change 40 ft (12 m) from low to high tide. In Honolulu, Hawaii, the height rarely changes more than $1\frac{1}{2}$ ft (0.5 m).



GRAVITATIONAL PULL

Tides are created by the gravitational pull of the moon, which, despite its seemingly mystical connection to the sea, actually pulls just the same on all of planet Earth: rock and soil and water alike. However, the solid parts of Earth are not easily deformed. The vast oceans, by contrast, can swell and slosh and sink.

Gravity gets stronger when masses get closer. So, the water on the side of Earth closest to the moon experiences the strongest gravitational pull, and bulges out toward the moon. Meanwhile, Earth itself is pulled slightly toward the moon, though not as much as the water closest to the moon. And the water on the far side of Earth, farthest from the moon, is also being pulled toward the moon—but less strongly than Earth itself is being pulled. So, this water on the far side also forms a bulge, since its total movement toward the moon is less than the total movement of Earth toward the moon. These two bulges of water on opposite sides of Earth A If you make a large wave in a swimming pool, it can travel to the other side in less than a minute. But a wave takes hours to cross the large Bay of Fundy almost exactly as many hours as the span between low and hide tide. This natural resonance amplifies the tidal height.

are the high tides. They always remain in the same orientation relative to the moon, but since Earth itself is spinning, different parts of our planet rotate through and experience each day's two high (and two low) tides.

TIDAL VARIATION

If that were all there were to it, tides would be the same all over Earth. But the planet is not covered with a single uniform ocean. It is covered with irregular ocean basins, hemmed in by asymmetrical continental shapes. The seas are constrained by both gravity and the physical limits of their space on the planet. When a lot of water is squeezed

TIDES AND THEIR IMPACTS



into a smaller area, the tidal range (change in sea level from high to low tide) is greater. When the water has more room to move and circulate, the tidal range is less.

To add to the complexity, tides do not occur at the same time every day, but shift by about 50 minutes. This shift is caused by the "lunar day" being longer than the "solar day," because Earth keeps spinning as the moon travels around it, and the moon is always falling behind.

The height of the tide changes over the course of the year, as well. That's because the sun also exerts a gravitational force on Earth and its water. It's not nearly as strong as the gravitational force of the moon, because the sun is so much farther away, but it does play a role. When sun and moon are in alignment, both pulling in the same direction, we experience spring tides the highest and lowest tides of the year. When they are working at odds, the moon pulling in one direction and the sun at a 90-degree angle, we experience neap tides—the most unremarkable, middling tides of the year.







INTERTIDAL HABITATS

Every space on the coast between the highest high-water mark and the lowest low-water mark, is considered the intertidal. The animals that live here have evolved to cope with an existence that not only encompasses land and water, but also contains some of the fiercest physical forces anywhere on the planet: regular, daily, pounding waves, and often extreme heat as well. If you've ever touched the water in a high tide pool on a sunny day, you may have noticed that it can reach bathtub temperatures.

Within the intertidal zone, each species has adapted to its own niche. Some intertidal creatures thrive at the highest limits, where they are almost never submerged and get all their moisture from the splash of waves and spray. Others can only survive in the lowest regions, where they are nearly always wet and their daily heat exposure is minimal. Still others can wander up and down. Mangrove forests are created by remarkable trees that have adapted to live in saltwater. The complex root architecture of these plants keeps them stable as tides rise and fall, and creates an important habitat for many animals.

↑ Where glaciers and ice shelves meet the sea, the intertidal habitat is dominated by ice. These areas look barren compared to other ecosystems, but many kinds of ice algae and microbes thrive here.

↗ This American Oystercatcher has ventured beyond the limits of its name to catch a different mollusk: an octopus. Shore birds are one of many risks faced by intertidal cephalopods.

TIDES AND THEIR IMPACTS





Intertidal habitats can be rocky, sandy, muddy, or a mixture. They can be dominated by algae or seagrass, although these plants (or "plantlike things," as algae is technically not a plant) cannot live too long exposed, and are more abundant further down toward the sea. Many intertidal animals burrow into the sand and rocks, which offer protection from heat, desiccation, and waves. Others, such as snails and mussels and barnacles, make hard homes they can seal shut when exposed and open up when submerged.

The intertidal is an area in constant flux, as waves erode rocks and carry sand. Organisms themselves create and build the habitat, from worms that dig holes in rock to mussels that grow expansive beds, making spaces for small worms and crabs—and, of course, octopuses—to hide and crawl and hunt in. Intertidal zones can be as steep as a cliff face, or as smooth as a sandflat or a mudflat. These "flats" are especially mutable habitats, as a rising tide can cover a huge area with quite shallow water, and a retreating tide can leave it dry again. Usually, if you dig down at all, you can find a bit of water. These areas act as "sponges" that hold significant amounts of liquid even when they appear dry on the surface. This allows burrowing animals to stay wet through the change of tides.

Cephalopods can't cement themselves down like a barnacle, or grow a hard protection like a snail's shell. But they have their own transient and flexible approaches to the challenges of the intertidal, from borrowing the protection of other animals to building dens and burrows for themselves in rocks, sand, and mud.

Life in air and water

Generally speaking, camouflage works great as long as you are very still. But if you're a cephalopod, you can't stay still forever—you have to move to hunt for your food. This is where the turbulent intertidal environment comes in very handy for cephalopods. They can camouflage themselves to blend in with other moving things, because the sloshing, crashing waves make everything move.

ADAPTATIONS TO LIVE OUT OF WATER

Breaking waves create a "splash zone" that gets hit by spray even higher than the high tide line. This can dampen animals that would otherwise be at greater risk of drying out. However, a little periodic splashing isn't enough to keep most cephalopods happy. They face a problem that their mussel and snail cousins do not. When out of water, shelled mollusks can clam up (forgive the pun). They seal their soft, wet parts inside a mostly impermeable shell, and lose little moisture to the air. Coleoids, having given up their protective shell, cannot do this. Yet it is coleoids and not nautiluses that have colonized the intertidal. A nautilus would be useless out of water, as its arms are not muscular enough to carry its body weight on land.





Unlike squid, octopuses cannot swim far with jet propulsion. The pressure it produces inside their mantles actually stops their hearts!

← Although octopuses fall far behind squid when it comes to swimming underwater, their ability to move on land is unparalleled among their squid and cuttlefish cousins.

∠ This fossil of a Jurassic belemnite illustrates how sturdy this group's internal shell used to be. But with their skin on the ouside, these animals would have faced the same challenges to life in both air and fresh water.



The large surface area of exposed coleoid skin has several disadvantages. One is dehydration, losing water across the permeable membrane through evaporation. Another aspect of the skin's permeability may explain the absence of any freshwater cephalopods. Cephalopod internal fluids, like those of all animals, have a salinity not too different from that of the ocean. Animals that evolved to live in fresh water have adaptations to maintain their internal salinity above that of their environment. Otherwise, simple chemistry dictates that fresh water would continuously diffuse into their cells as the molecules seek an equilibrium. Cephalopods have never adapted to this situation.

The permeability of cephalopod skin also brings an advantage: it can be used to breathe. Gas exchange can occur across any thin membrane, not only in lungs and gills, and many invertebrates rely on gas exchange across their skin to provide them with enough oxygen. This "cutaneous respiration" likely plays a role in cephalopods venturing out of water, although the extent of its contribution remains to be studied.

Of course, cephalopods do have gills, like fish and crabs and so many other marine creatures. When animals with gills or lungs breathe, their aim is to bring oxygen into their bodies; specifically, into their bloodstreams. Both gills and lungs have evolved a large surface area to maximize the efficiency of transfer. Blood is passed over the inside of the surface, and air or water is passed over the outside, and oxygencarrying molecules inside the blood bind the oxygen that diffuses across the membrane.

Zooming in on our lungs, you'd see that they are full of many tiny branching passages. Gills have a similarly large surface area, with lots of folded membranes to pass water over. However, when gills come out of the water, these folds stick together,

> drastically reducing their surface area and making them almost useless for pulling oxygen out of the air. Even though a cephalopod's gills are protected within its mantle cavity, the mantle is likely to deflate out of water, leaving the gills and other internal organs all pressed together until the animal can refill its mantle and fluff up its gills.

> However, as long as the animal returns to water before it dries out or suffocates, there are no ill effects of such "deflation." And here's another difference between cephalopods and vertebrates: our oxygen

binding proteins. Vertebrates have hemoglobin, which uses iron to bind oxygen. That's why it turns red (rust-red) when oxidized. Cephalopods have hemocyanin, which uses copper to bind oxygen, and it gives their blood a distinctive blue-green color. Hemocyanin isn't as good at binding oxygen as hemoglobin, which limits cephalopod activity in some situations, but in the case of crawling around on land, it may expand the time it takes them to use up the available oxygen by slowing down the process of binding and releasing this crucial compound.

WAVE ACTION

The intertidal area exists because of the tides. However, at any given moment, there's usually a far more noticeable force at work: wave action. Waves, whether huge breakers that surfers dream of or tiny ripples lapping at your feet, are not caused by the gravity of the moon or the sun. They are instead the product of physical agitation of the water, usually by wind, but occasionally by disturbances such as whales and boats.

You may have heard the term "tidal wave," and wonder where that fits into the tide/wave distinction. Because of this understandable confusion, "tidal wave" is falling out of use in favor of more specific terminology. When the rising or falling tide causes a visible rush of water, because it's being funneled through a narrow opening, that's a tidal bore. By contrast, a tsunami occurs when a huge amount of water is shifted—often by seismic activity, such as an earthquake or a volcano. Finally, a storm surge is a large rise in water level driven by meteorological activity. All these water movements can contribute to the extreme conditions already present in the intertidal zone. However, they are sporadic, while regular wave action driven by wind is a continuous assault, minute by hour by day. The size of these ordinary waves is determined by two things: the fetch, or distance over which the wind has been blowing, and the angle of the shore onto which the wave is moving. As a wave moves from the open sea toward the shallower shore, its bottom drags on the ground and is slowed down, while the wind keeps pushing on its top. Eventually, this push–pull causes the top of the wave to "break."

Breaking waves

Waves are traveling patterns, not traveling water. As the pattern moves from deep to shallow water, the bottom of the wave is slowed by the seafloor and the top falls foward, like you might fall forward if your feet were slowed down by tripping on something.



TERRESTRIAL PREDATORS

In addition to death by asphyxiation and dehydration, another intertidal danger is the risk of terrestrial predators—from bears and wolves to humans. All around the world, people venture into tide pools and onto sand- and mudflats to harvest seafood. Experienced fishers know how to identify an octopus den, even when to the untrained eye it looks exactly like the surrounding rocks and coral rubble. They need no sophisticated technology, not even any bait—just a sharp stick and a fast hand.

↓ A fisherman of the Dumagat people in the Philippines collects octopuses alongside other marine species. Without bones or scales, cephalopods can be an easily prepared protein for many people.



Burying and burrowing

All that wave action we've discussed leads to a lot of erosion, which is one reason we have beaches. Sand is made of tiny bits of rock broken off and worn down by year after year of pounding waves, along with pieces of shells and bones ground down in the same way.

BEACH ADAPTATIONS

Another reason for beaches is the carrying of sediment by rivers and streams. Fresh water tends to flow quickly down mountains, slowing down as it moves along less steep inclines out to the sea. Fast water can bring mud and sand and even rocks along, while slow water drops these passengers to the riverbed. Many rivers open up into deltas when they reach the coast, and this is where the sediment they've been carrying settles down. What does this have to do with cephalopods? Well, changing your colors to match your environment works best when you have a colorful environment. In a home full of different corals and rocks, encrusted with a profusion of animals and algae, the cephalopods' ability to change their skin color and texture shines. However, on the wide expanses of sand and mud that characterize a great deal of the land–sea interface, this talent may come in less handy. Here on the flats, some spectacularly specific adaptations have evolved to cope





→ This Coconut Octopus is engaged in a combination of hiding and burying. It clings with its suckers to the inside of an empty clam shell, which is itself partially buried in the gravel and detritus of the seafloor.

Getting sand in the eyes is an unpleasant beach experience for humans, but cephalopods that dig and burrow in sand have a transparent covering to protect their eyes.

with an environment that is physically monotonous, but temporally highly variable. Two distinct adaptations are burying and burrowing. There are many other animals that bury and burrow, but as in nearly everything else, cephalopods do it in their own ways.

DIGGING TECHNIQUES

Burying animals include humans, and you may even have participated in such activities on childhood trips to the beach. All you have to do is lie down, maybe wiggle yourself into a bit of a depression, and use hands or shovels to cover yourself with sand. Sand-dwelling octopuses and bobtail or bottletail squids will typically use a jet of water to clear a depression in the sand or mud, then settle down and use two of their arms to scoop and sweep sediment up over their bodies. Burrowing takes more effort. You can only claim to have burrowed into the sediment if you've dug a hole deep enough to get yourself entirely below surface level. Plenty of animals do this: many different kinds of worms, clams of all sizes up to the giant geoduck, and the little sand crabs or mole crabs that many beachgoers enjoy digging up from the surf zone. However, it was only in 2015 that an octopus was discovered to be capable of such a feat (see page 66).

Covering oneself with sediment might seem to obviate any need for camouflage, but these cephalopods are usually very capable of also matching their skin to their hiding place. After all, they need to leave at least a little bit of themselves exposed to keep breathing.

How and why cephalopods make their own glue

A covering of sand sounds like temporary concealment at best, in an environment full of splashing and crashing waves. The cephalopod solution is mucus. As humans, we think of it as an unpleasant substance in our noses. In truth, mucus is formed and used hroughout our bodies, and we couldn't live without it. But as important as mucus is to humans, it's even more important to mollusks.

MOLLUSCAN MUCUS

Snails and slugs on land leave mucus trails that may be familiar from gardens and sidewalks. The trail is not the point, though, it's merely a side effect of the self-lubricating foot that these mollusks use to move around.

You might think that aquatic mollusks, being in the water, wouldn't need as much mucus. In fact, they have even more uses for it. Mucus can interact with water for a huge range of applications. Thick mucus can entangle and deter predators. Mucus nets or bubbles can be used to capture food. Thin, slippery mucus can be secreted to protect the skin and wash off debris. Mucus can be mixed with pigments to create a smokescreen of ink, a habit of both cephalopods and some of their sea slug relatives. Mucus can even be a home for beneficial microbes, such as bacteria that share nutrients with their host or produce antipredator defense chemicals. This kind of

> ← Octopus sucker cups range from microscopic to the size of a child's hand. They regularly shed and replace their outermost layer.

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Getting a grip



octopus arm

interaction, with two or more organisms providing mutual aid, is a mutualism—the most well-known type of symbiosis. (Symbiosis, which simply means "living together," also includes antagonistic interactions such as parasitism. Scientists are discovering the fluidity of the distinctions between mutualism, parasitism, and commensalism, or neutral cohabitation. Environmental changes can shift a relationship from one kind to another.) And mucus can be glue.

SUCTION POWER

Cephalopods are already well known for having their own special way of sticking onto things: suction cups. Their arms are lined with hundreds of suckers, from large ones as big as a human child's hand at the thickest part of the arm of a giant octopus, all the way to nearly microscopic suckers at the slender arm tips. They create suction mechanically, by forming a seal around the rim to prevent water from entering the cavity inside the sucker, then pulling against that cavity to create a region of low pressure. This works excellently on smooth glasl, as many people have observed. However, the intertidal environment doesn't contain much smooth glass. What it does have is a lot of irregularly shaped rocks and shells and algae, with grit scattered over them.

In 2013, scientists took a closer look at octopus suckers, and found that they have a microstructural adaptation to deal with this: very small and very regular grooves along both the rim and the center of the sucker cup. The material of the sucker rim is also very soft, and this combination of roughness and softness creates a surface that can seal against nearly any other surface. One of the few substances that a cephalopod sucker will not stick to is the cephalopod itself. This fascinated the researchers who noticed it—how does a sucker recognize "self"? The answer appears to be a kind of taste. Octopus arms secrete distinctive chemicals, and their suckers contain sensory receptors that can recognize these chemicals and decide not to attach.



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CEPHALOPOD GLUE

Possibly because suckers themselves are so obvious and interesting, it's taken scientists a while to study the adhesive potential of cephalopod mucus in more detail. We're just starting to get a handle on how prevalent its use is. Research published in 2007 listed only four cephalopod genera known to produce adhesive mucus; more are likely to be discovered.

Given their affinity as mollusks, cephalopods have probably been making slimes of various kinds since they first evolved. This is further supported by the fact that one of the known glue-making genera, *Nautilus*, diverged from all the others hundreds of millions of years ago. Nautiluses do not have mechanical suckers on their tentacles, and instead use mucus to make their tentacles sticky. By secreting special slime from cells in their tentacles, they can stick to prey and mates and cling to their environment as needed.

Coleoid cephalopods don't seem to make mucus with their arms; instead, they secrete it from special glands in their mantles. Several intertidal cuttlefish glue themselves down to hard substrates, such as rocks or human-created surfaces, likely to resist being buffeted by waves. The limited studies that have been done so far suggest that they use a combination of mechanical and chemical adhesion, both producing sticky slime proteins and physically contracting the center of their mantle to create a giant sucker cup. Bobtail squids, by contrast, secrete their sticky glue all over the top of their mantles. They combine slime with burial, whisking sand over their bodies and gluing it in place for camouflage. They can release this coat of mucus plus sediment instantly, if necessary for escape. Pygmy squids (*Idiosepius* spp.) also have glue glands on the top of their mantles, though in a more specific spot close to the fins. Instead of attaching sand to themselves, they use this glue to attach themselves to the underside of seagrasses, where they sit and wait for prey to come to them. Like the bobtail squids, they can release the attachment instantly.

In both cases, the animals have two different kinds of slime-making cells. A two-part slime system can work in one of two ways. In bobtail squids, the quick release seems to be made possible by a "duo-gland" system, which creates one kind of chemical that does the sticking, and a different kind that does the unsticking. However, in pygmy squids, the two kinds of cells produce two substances that mix together to make the glue, more like a two-part epoxy. The release, then, is accomplished not by producing a third chemical, but by physically breaking the seal with the substrate.

Not all cephalopod slime turns out to be true mucus. A particular set of proteins called mucins is necessary to merit that designation, and recent protein characterization of bottletail squid slime turned up no mucins at all. It would appear that cephalopods have evolved a variety of original ways to slime it up, and we're just beginning to figure out what those chemicals are, and how they work.

[←] Pygmy squids are just one of many varieties of organisms that benefit from attaching themselves to seagrass. Bryozoans (also known as moss animals), hydroids (relatives of anemones), and an array of algae are some of their common companions in this habitat.

ABDOPUS ACULEATUS

Algae Octopus

Seaweed mimic

 SCIENTIFIC NAME
 Abdopus aculeatus

 FAMILY
 Octopodidae

 MANTLE LENGTH
 2¾ in (7 cm)

 TOTAL LENGTH
 10 in (25 cm)

 NOTABLE ANATOMY
 Algal camouflage

 MEMORABLE BEHAVIOR
 Bipedal locomotion, "land octopus"

Memorably described by David Attenborough in a BBC Earth documentary as "the only land octopus," the Algae Octopus is certainly the cephalopod species that is most comfortable on land. It still requires seawater to live, so it's not exactly terrestrial, but it routinely crawls from pool to pool, hunting for food.

Underwater, its movement is also remarkable. Along with the Coconut Octopus (*Amphioctopus marginatus*, see pages 64–65), the Algae Octopus was one of the first two octopus species to be observed by scientists engaging in bipedal locomotion—walking on two limbs. We humans are somewhat understandably obsessed with other animals' behavior when it reminds us of our own, so this discovery made news headlines.

Apart from its humanoid appearance, bipedal walking intrigues us with the opportunity to compare its mechanisms between species. Prior to its discovery in these octopuses, the majority of known bipedal locomotion occurred in vertebrates—primates, birds, the occasional lizard. Our bones, joints, and muscles work together to create a balanced gait. How could invertebrates, with no bones and no joints, accomplish something similar? The only one observed to do it occasionally had been the cockroach, which still has a tough jointed external skeleton.

Researcher Christine Huffard described octopus walking evocatively: "The octopus rolls along the sand as if on alternating conveyor belts." Without joints, there is no real distinction between "foot" and "leg." The end of one arm is simply laid down on the sand, then pushes off from imaginary "heel" to "toe" in a single continuous movement, while the second arm is laid down in advance of the first, preparing to repeat the pushing-off movement. The octopus's stride length is thus far less constrained than our own, perfectly embodying the quote often attributed to Abraham Lincoln that a man's legs should be "long enough to reach from his body to the ground."

The Algae Octopus does not walk on two arms in order to look like a human, but it is mimicking something else a drifting clump of algae, as you might guess based on the species name. Wrinkling and ruffling its skin, it spreads and curls its other six arms around its body to resemble a cluster of seaweed. The two walking arms could be no more than pieces of loose algae, trailing along the bottom as the current carries the "definitely-not-an-octopus" along.

[→] The scientists who first observed walking Algae Octopuses had to laugh at the visual absurdity of their gait but they also had to analyze and appreciate the complexity of a behavior that has clearly served this species well when it comes to survival.

AMPHIOCTOPUS MARGINATUS

Coconut Octopus

Mobile homeowner

SCIENTIFIC NAME	Amphioctopus marginatus
FAMILY	Octopodidae
MANTLE LENGTH	3¼ in (8 cm)
TOTAL LENGTH	6 in (15 cm)
NOTABLE ANATOMY	Typical color pattern of dark branching "veins"
MEMORABLE BEHAVIOR	Bipedal locomotion and tool use

For an octopus, this species has attained a level of fame few others can aspire to. Once known simply as the Veined Octopus for its resting color pattern, it has made headlines twice already in the twenty-first century: in 2005 for its ability to walk along the sandy seafloor using only two arms, a form of bipedalism, and in 2009 for its habit of carrying around coconut halves as a mobile shelter, an activity that constitutes tool use.

Both behaviors likely evolved in response to the octopus's habitat in the tropical western Pacific, where it lives in very shallow water close to shore. Although coconut trees do not grow in the sea, the octopus lives in a habitat so close to coconut-filled islands and coasts that its sandy seafloor habitat is full of coconut shells. Waves and currents often push these shells along the sand. When the octopuses gather six of their eight arms around their head and mantle, leaving two arms free to push off the bottom, they look not unlike a bobbing coconut. To be sure, coconuts do not walk on two legs, but neither do octopuses as a general rule, so the animal confuses its predators either way.

For their second astonishing behavior, Coconut Octopuses stack two coconut halves like bowls, then carry the stack under their arms and walk along with their arms around the outside of the shells. This isn't bipedal, but it is weird enough to get its own name, "stilt-walking," and scientists point out that it's pretty inefficient. Stilt-walking is only useful because it lets them carry protection, which they then have to stop and assemble, flipping one of the halves over to create a spherical lair.

This was considered the first evidence of tool use in an invertebrate species, where a "tool" is an object that "provides no benefit until it is used for a specific purpose." If octopuses merely hid in coconut shells when they came across them, as they hide under rocks and inside snail or clam shells, that would not really be tool use. The key innovation here is that the octopuses actually carry the coconut shells around with them, at some cost to themselves, anticipating a future use.

[→] Humans use different parts of the coconut plant for food, fibers, and fuel, in cosmetics and as building materials. The usefulness of coconuts extends even beyond all that humans do with them. Resourceful Coconut Octopuses have learned to utilize the empty shells as mobile homes.

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OCTOPUS KAURNA

Sand Octopus

Subterranean slimer

 SCIENTIFIC NAME
 Octopus kaurna

 FAMILY
 Octopodidae

 MANTLE LENGTH
 3½ in (8.5 cm)

 TOTAL LENGTH
 16½ in (42 cm)

 NOTABLE ANATOMY
 Very long arms

 MEMORABLE BEHAVIOR
 Subsurface burrowing

Named after the Aboriginal Kaurna people of South Australia, this octopus is distinctive in both physical appearance and habits. Its arms are extraordinarily long, and it is the only known octopus to truly burrow beneath the surface of its sandy habitat.

Although such burrowing had been suspected previously, it was first examined and studied in scientific detail in 2015. Researchers observed Sand Octopuses burrowing in the wild as well as in the laboratory, where they built aquariums in the shape of scaled-up ant farms so they could watch the process of burrow formation through clear glass.

Sand Octopuses make their burrows not by digging with their arms, but by blasting water from their siphon. These jets of water "fluidize" the sediment, in the same way that shaking

How the Sand Octopus burrows

- 1. Fluidizes sediment with a water jet
- Slides in arms first. Repeats steps 1 and 2 until buried
- 3. Uses arms to shape a chimney

4. Cements burrow walls with mucus



a jar containing both sand and water temporarily suspends the sand particles in the water. The octopus can move right into the fluidized sediment, just like you can swim through a muddy lake even though you can't swim through mud that has settled to the bottom of the lake. The octopus first enters with its arms, keeping both mantle and funnel above the surface to suck in water and blast the burrow bigger, until there's enough fluidized sediment to fit its whole body below ground.

So far so good, but the sediment won't stay fluidized. How does the Sand Octopus keep from suffocating once it's well and truly buried? Before the sediment completely settles down, the octopus reaches two arms up to the surface to make the shape of a chimney, like a snorkel for breathing. Then it uses slime to solidify the walls of both chimney and burrow.

Cephalopods are masters of repurposing the efforts of other animals, happily occupying empty snail and clam shells. Sand Octopuses are no exception, and have been seen occupying worm burrows to save themselves the trouble of fluidizing their own sediment. Scientists don't know yet how the Sand Octopuses produce the slime, what the slime is made of, or how it's integrated into the sediment.

→ The Sand Octopus's habit of digging a sand burrow and securing the walls with slime is reminiscent of the garden eel, which also lives in tropical sandy habitats and makes a mucus burrow -a good example of convergent evolution in fish and cephalopods.

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MACROTRITOPUS DEFILIPPI

Atlantic Longarm Octopus

Flatfish impersonator

 SCIENTIFIC NAME
 Macrotritopus defilippi

 FAMILY
 Octopodidae

 MANTLE LENGTH
 3½ in (9 cm)

 TOTAL LENGTH
 12 in (30 cm)

 NOTABLE ANATOMY
 Very long arms, distinctive paralarva

 MEMORABLE BEHAVIOR
 Flatfish mimicry

This tricky octopus existed for many years in the minds of scientists as two separate species: Octopus defilippi and Macrotritopus equivocus. The former was an adult octopus that roamed shallow sandy habitats, eating crabs and burying itself in the sediment. The latter was a transparent octopus paralarva that drifted in the plankton, two of its eight arms far longer than the rest.

Eventually, scientists raised *Macrotritopus equivocus* paralarvae to adulthood and found that they metamorphosed into *Octopus defilippi*. A few years later, the connection was confirmed when adult *O. defilippi* laid eggs in captivity, which hatched into *M. equivocus* paralarvae. The two names were merged, with *Macrotritopus* becoming the new genus. (Octopus researchers tend to be eager to place *Octopus* species into new genera. For a long time, the genus *Octopus* was vastly overused as a "wastebasket taxon," a group into which every new species that didn't obviously belong anywhere else was dumped. Scientists are still clarifying the distinctive features of the genus *Octopus*, and which species don't belong there.) Like both Algae Octopus and Coconut Octopus, the Atlantic Longarm Octopus needs to move across its shallow sandy habitat and, also like them, it prefers to look like something else when it does. It arranges its arms and mantle into a wide, flat ovoid, with the trailing tips of the arms resembling the tail of a flatfish. This flatfish mimicry was even observed in a paralarva that was reared to adulthood in captivity, although the octopus had never in its life encountered a real flounder. This suggests that the behavior is a stereotyped evolutionary adaptation, hardwired into the genome, rather than something that is learned by exposure.

One has to wonder about the advantage. Flatfish are not poisonous, so the Atlantic Longarm Octopus cannot take advantage of local predators' avoidance of known poisonous species. Flatfish are, however, full of bones, which makes them somewhat more challenging to eat than the boneless "protein bar" of an octopus. All other things being equal, there's not much better food than an octopus for a marine predator, so for an octopus to resemble almost anything else is probably a reduction in the amount of unwelcome attention it receives.

> → The unusually long arms of Macrotritopus defilippi give this species a lot of material to mold into shape for its characteristic flatfish mimicry.

WUNDERPUS PHOTOGENICUS

Wunderpus

Delicate beauty

 SCIENTIFIC NAME
 Wunderpus photogenicus

 FAMILY
 Octopodidae

 MANTLE LENGTH
 1 ¼ in (3 cm)

 TOTAL LENGTH
 8 in (20 cm)

 NOTABLE ANATOMY
 Dramatic fixed markings

 MEMORABLE BEHAVIOR
 Mimicry of venomous animals

This species was referred to as the Wunderpus before it even had a scientific name, due to its incredibly dramatic—and, unusual among cephalopods, fixed coloration. The high-contrast brown and white bands on its arms and the splotches on its mantle are very similar to those displayed at times by the closely related Mimic Octopus (*Thaumoctopus mimicus*), but the Mimic Octopus readily changes its patterns. The Wunderpus does not.

Because it stands out so noticeably against its sandy habitat, and because it lives in shallow water relatively easy to access by recreational divers, the Wunderpus also accumulated quite a collection of celebrity photos by the time researchers gave it a scientific name. Hence the species: *photogenicus*.

If we humans can see it so well, it stands to reason that other visual predators can also spot the Wunderpus. In fact, that may be the adaptive value of the pattern. Although this species does not imitate as many other species as its cousin the Mimic Octopus, Wunderpus octopuses are known to mimic two other species with which they share their conspicuous banding pattern: the lionfish and the sea krait (a kind of sea snake). Both are extremely venomous, the lionfish injecting toxins through its spines and the sea krait through its fangs. Thus, the Wunderpus may be using a strategy called Batesian mimicry, making predators think it is dangerous simply because it resembles another dangerous animal. Because of its beauty, both professional and hobby aquarists have attempted to keep Wunderpuses. However, these octopuses do not adapt well to captivity, losing their coloration and remaining hidden as much as possible. Even more problematic is the fact that they live only in the tropical Indo-Pacific, and we don't know how large their populations are. Collecting tropical animals for the aquarium trade always means collecting more than will be sold, because long-distance shipping is stressful and not all will survive. Any demand for these animals in captivity could be dangerous to their survival in the wild. It's much better to enjoy them in their natural habitat, either in person if you live close enough (or can travel), or by appreciating the gorgeous photos and videos made available by local divers.

> → The Wunderpus defies the octopus stereotype of hiding in plain sight by attracting attention with its bold markings—like the brightly colored butterflies on land that warn away predators with their patterns.

THE LIVES OF OCTOPUS

INDEX

abyssal zone 180,214 acidification, ocean 124-7, 164 Adelieledone 263 albatrosses 106, 156-7 algae 51, 61, 79, 80-3, 119, 126-7, 146-7 Algae Octopus 29, 62-3, 83 algal blooms 88-9, 124, 186 Alvin (HOV) 191 Ambon Island, Indonesia 98-9 ammonites 23 Amphioctopus 136 amphipods 236 anaerobic metabolism 187 anemones 41,116 anglerfish 166 Antarctic 262-3 Antarctic Convergence 257, 266 Antarctic Glass Squid 266-7 Antarctic New Squid 268-9 Antarctic Octopus 270-1 Antarctica 256-7 antifreeze proteins 261 Arctic, the 254-5, 265 Arctic Octopus 272-3 Argonaut Octopus 29, 39, 126, 149.152-3.162 Argonautoidea 244 arms filmaments 191 hectocotylus 36 length 66, 68, 134-5, 136, 149, 192 - 3number 210 vs. tentacles 18-19, 41 webbing 29,234-5,236-7, 240,272 Atlantic butterfish 155 Atlantic Cranch Squid 265 Atlantic Longarm Octopus 68-9,98,134 Atlantic White-spotted Octopus 8-9 AUVs (autonomous

underwater vehicles) 190 axolotl salamanders 195 axons 26

bacteria mats 222 Barents Sea 254, 265, 274 bathypelagic zone 195, 196, 214, 229, 240, 266 Bathyteuthis 246 Bay of Fundy, Canada 48-9 beaks 22-3, 41, 106, 134, 200 belemnites 52 Bellybutton Nautilus 142-3 benthic animals 90, 200, 242. 270 benthic deep sea 214,229 Benthoctopus johnsonianus 238 - 9Big-fin Bobtail Squid 274 Bigfin Reef Squid 38, 119, 128-9, 138-9 bigfin squid 215 bioluminescent organs 112, 163, 184, 185, 246 biomimetics 74 black smokers 220, 222 bladders 82-3, 166-7, 184-5 bleaching, coral 118-19 Blind Cirrate Octopus 240-1 blood 54, 142, 260, 261, 270 blue-ringed octopuses 34, 47, 130-1,136 bobtail squid 10,24-5,27,61, 72, 112, 242-3 Boreo-atlantic Armhook Squid 255,265 bottletail squids 27, 61, 74 breathing 57, 66, 127, 132 Brief Squid 252 bristlemouths 184 brooding behavior 29, 36-8, 184 - 5octopus 164, 166, 200, 206, 244, 272, 276 squid 246 Bryozoans 61

burying, and burrowing 56–7, 66, 72

California Lilliput Octopus 83 Cambrian Explosion 20,21 camouflage 30-3 cephalopods 25, 52, 56 methods 229 octopus 31, 83, 98, 104, 108 - 9squid 72,210 cannibalism 35, 36, 138, 231, 268 carbon dioxide 124, 126, 147. 252 carbon sequestration 147 Caribbean Reef Squid 26,138 Challenger, HMS 214-15, 216 Chambered Nautilus 23, 29, 134, 122-3 chemosynthesis 218-21 chiroteuthid squid 192-3, 195 Chiroteuthidae 192 Chiroteuthis 231 chitin 22 chitons 20 chromatophores 30-1, 110-11, 176-7,228-9 cephalopods 149 octopus 98, 200, 227 squid 38, 168, 174, 196, 210-11 circulatory system, global 253 circulatory systems 23 cirrate octopuses 29, 142-3, 231, 234-5, 240-1, 272 Cirroteuthis 272 clams 20, 57, 87, 222 Clawed Armhook Squid 37 climate change 124-5, 250-1, 252, 254, 264-5 clubhook squid 199 cnidarians 116, 194 Cockatoo Squid 232-3 Coconut Octopus 57, 62, 64-5,92

coconuts 64-5 cold seeps 220-1 coleoids 23, 25, 34, 38, 52, 53, 61 color changing 30-3, 98, 129, 172, 206 red 176, 196, 228, 229, 246 vision 25 wavelengths 147 Colossal Squid 196-7,256, 261,266 comb-finned squid 195, 246 Common Cuttlefish 140 Common Octopus 18-19 Common Sydney Octopus 91, 108 - 9communication 34-5, 128-9, 138.228 - 9continental shelf 78 copepods 148,185 coral reefs 116-43 CoralTriangle 122, 123, 126 corals 85, 108-9, 116, 117-19, 146 counterillumination 72, 172, 185,229 countershading 72 crabs 34, 41, 45, 57, 119, 217, 236 crown-of-thorns starfish 117 crustaceans 128-9, 148, 185, 187, 272, 274 cuttlebones 28-9,86 cuttlefish anatomy 17, 27, 28 arms vs. tentacles 18 camouflage 32 chromatophores 30-1 communication 34-5 glue 61 lifestyle 46 reproduction 36,27 species 94-5 cyanobacteria 79,80,81,119

Dana's Chiroteuthid Squid 208-9,210 Day Octopus 16,134 Dead Sea 85 Deep-sea Bobtail Squid 208 Deep-sea Squid 246-7 Deep-seaVent Octopus 227, 236-7 deimatic displays 131, 134 dens, octopus 90-3, 108 density, water 160, 186 Diamondback Squid 161, 168-9,174 Diaphanous Pelagic Octopus 200,206-7 diatoms 83, 146-7 diel migration 150-1, 152, 176, 185, 268 dimorphism, sexual 110, 166 dolphins 152 doratopsis paralarva 192, 194 - 5Dumbo octopus 29,215,231, 234 - 5Dwarf Cuttlefish 140-1 earthquakes 219 ecosystems 20-1,78-81, 146-9,217-18 marine 81, 119, 182, 189, 238 polar regions 255 pollution 88-9 eggs 36-9, 94-5, 160-1 cases 37, 38-9, 164 clutches 134 cuttlefish 140 exploding 231 octopus 68, 100, 132, 166, 232, 234, 272, 276 sheet 246 squid 119, 168, 242, 266 Emperor Dumbo octopus 216 Emperor penguins 251 Endoceras 21 endosymbiosis 80,118

epipelagic zone 180, 195, 229, 266 estuaries 84-7,112 ethograms 129, 229 Euprymna tasmanica 72 European Flying Squid 265 exploration deep-sea 214-15 polar 216, 258-9 extraction, resource 224-7 eyes 24-5, 56-7, 128-9, 240-1 eyespots 136 human eye vs. cephalopod 25 protective covering 154, 176 shape 200, 202-3 size 196,242-3 squid 29 unequal 176-7

fins 26-7, 74, 195, 234-5 size 110, 138, 168, 240, 246 Firefly Squid 10-11, 181 fish 23, 35, 45, 87, 147, 156, 184-5,187 fishing/fishery management 96-7,154-7 ghost gear 156 jigging 96,156 octopus 215 squid 189, 196-7 Fitzgerald Marine Reserve, California 44 Five Deeps expedition 216 Flamboyant Cuttlefish 30, 34, 131 flapjack octopuses 29 flatfish 68 flying squids 27, 40, 41, 148, 153, 161, 168, 170 food sources, human 13, 55 food webs 116, 146, 148, 151, 154, 217, 223, 266 Football Octopus 149, 166-7, 184

forests 50,79–80,82 fossils 20–1,172 fresh water 84–7,112 funnels 26,66,140,202,210, 240,244

gas bladders 82-3, 166-7 geothermal heat 218-19 geysers 218-19 Ghost Octopus 227 Giant Antarctic Octopus 260 Giant Cuttlefish 94-5,252 Giant Pacific Octopus 104, 106, 196, 238, 276 Giant Squid 8, 10, 89, 174, 196,204-5,261 gigantism 20, 244, 260-1 gills 23, 53-4, 195 glaciers 50-1 gladius 26, 27, 192 glands, mucus 61, 74, 102 Glass Octopus 195, 200-1, 227,228 glass squids 27, 28, 174-5, 210-11,229 Glowing Sucker Octopus 272 glue, making 58-61, 102, 164 goatfish 35 Graneledone 263 Great Barrier Reef, Australia 78 - 9Great Oxygenation Event 79 Great Pacific Garbage Patch 159 Great Salt Lake, Utah 84-5 Greenland 254-5 Grimpoteuthis 234 Gulf Stream 253

hadal zone 180,214–15 Haftorn, Sven 204–5 hagfish 74,217 Hairy Octopus 98–9 hatchlings 38,40,132,148–9, 152,242 Hawaiian Bobtail Squid 72 hearts 23,52 hectocotylus 36, 164, 166, 244,276 hemocyanin 54,260,270 hemoglobin 54,260,261 Heptapus danae 244 Histioteuthis 176 holobionts 118 Honolulu, Hawaii 48 hooks. squid 197, 199 HOVs (human-occupied vehicles) 190-1,215,216 Hoyle organ 232 Huffard, Christine 62 Humboldt Squid 2-3, 152, 153, 161, 170, 188, 231 hunting techniques 41 hydroids 61 hydrothermal vents 218, 220-1, 222-3, 226, 236 ice, sea 250-1, 253, 254

ice ages 251, 264-5 ice caps, polar 264-5 ice sheets 254, 256, 263 incirrate octopuses 231,234, 262 Indo-Pacific 47, 70, 120-3, 126 ink 102, 227, 229 intertidal habitats 44-7, 50-1, 54 iridophores 30-1, 149, 228 Irrawady Delta, Myanmar 84 Jamieson, Alan 216 Japan 10, 168, 196, 242 Japanese Flying Squid 153, 156 jaws 22-3

jellyfish 149, 152–3, 244 jet propulsion 23, 52, 140, 142, 148 Jewel Squid 148–9, 163 Jurassic Period 52 Juvenile Dwarf Cuttlefish 140

THE LIVES OF OCTOPUS

Kamchatka, Russia 218-19 kelp 83, 146 bull 80,82 giant 79,80,81,82 Knobbed Argonaut 164-5 Kölliker bristles 200 Kraken 10.244 krill 185, 187, 257 Kubodera, Tsunemi 204 Lambert Glacier 257 lanternfish 182-3, 184-5, 189 Large Glass Squid 174-5 Larger Pacific Striped Octopus (LPSO) 36-7,100 Lesser Flying Squid 265 Lesser Pacific Striped Octopus 37,100-1,132 leucophores 30, 31, 149, 228 life cycles 36-9, 100, 172 life spans 37, 232, 276 light organs 10, 30-3, 72-3, 112, 149, 163, 172 lionfish 70 lobsters 41, 106, 238 loliginids 112, 138, 168 Longfin Squid 154, 155 Luminous Bay Squid 94, 112 - 13lungs 53 McAnulty, Sarah 163 McMurdo research station, Antarctica 259 Macrotritopus equivocus 68-9 mantles 16-17, 54, 74-5, 236 - 7cuttlefish 140 octopus 83, 166, 200, 202, 244,270 squid 26, 138, 170, 172, 199 Maori Octopus 106-7 Market Squid 96, 156, 231 Massy, Annie 238 mating 35, 94-5, 110, 138, 208, 227, 230-2, 276

Matusevich Glacier 256-7 Megaleledone 263 Megalocranchia 174-5 mesopelagic zone 180, 195, 196, 200, 229, 266 metabolic suppression 187, 188-9, 202, 206 Micronesia 125 microplastics 158-9 midnight zone 180, 214-17 migration 150-3, 156, 162, 176, 185, 199, 268 Mimic Octopus 13, 34, 70, 123 mimicry 68, 70, 98, 131, 136, 194.208 mollusks 20, 21, 52, 58, 87, 136 Monterey Bay Aquarium Research Institute (MBARI) 191,230 Monterey Canyon 36-7,230 mouths 17, 41, 116, 118, 184, 206 mucus 58-61,246 mussels 222 myctophids 182-3 Myopsid squids 154-5 mythology 10,244 nautiloids 23

nautiluses acidification and 127 anatomy 17,34 arms vs. tentacles 18, 142 life cycle 38 mucus 61 nacre 29 prey 41 shells 86, 142, 161, 162 nektobenthic lifestyle 274 Neon Flying Squid 26-7 neoteny 195,200 neritic animals 90, 154 nervous systems 30, 102, 130, 228 Newfoundland, Canada 21

North Atlantic Spoonarm Octopus 276-7 North Pole 254-5 Northern Pygmy Squid 102 ocean trenches 180, 214-15 ocean zones 180 ocelli 136 Octatlantis 91,108 octocorals 232-3 Octopolis 91,108 Octopus balboai 32 Octopus defilippi 68 Octopus penicillifer 132 Octopus Squid 229, 230, 232 octopuses anatomy 17, 29, 36, 59, 98 arms vs. tentacles 59 camouflage 31,83 communication 35 deep-sea 36, 38 dens 90-3 eggs 36-7 moving on land 52-3 prey 40 shallow-water 36 Oegopsid squids 154-5 oil spills 88-9 Ommastrephidae 27,40 ommatidia 128 ontogenetic migration 152, 199,206,210,268 Opalescent Squid 94-5 Ornate Octopus 131, 134-5 Orthoceras 21 osmosis 86-7,142 oxygen minimum zones (OMZs) 124, 186-9, 206, 217 Pacific Giant Octopus 261

Pacific Red Octopus 201 Pacific Red Octopus 104–5, 196,238 Panama Isthmus 264 papillae 31,98,104,134,238, 270,276–7 paralarvae 40–1,148–9

cephalopods 38, 122, 152 doratopsis 192, 194-5 octopus 68, 132, 134, 200, 244 - 5squid 168, 176, 181, 196, 199,210 Pareledone 263,270 Pareledone charcoti 260 Pearly Nautilus 12-13 penguins 251 pens 26, 27, 192 Pfeffer, Georg Johann 210 Pharoah Cuttlefish 34 photophores 206, 228-9, 232 - 3dorsal 170, 172, 174, 176-7 photoreceptors 246 photosynthesis 79, 80, 81, 83, 118, 146-7, 180, 217 Piglet Squid 210-11 Planctoteuthis 195,208 plankton 40, 146, 149, 200 plate tectonics 78, 83, 219, 256 Plectronoceras cambria 20,21 Poison Ocellate Octopus 131, 136 - 7Polar bears 251 polar regions 250-77 pollution 88-9, 118-19, 158-9,268 polyps 194 coral 116-18 Porcupine Seabight 238 porpoises 238 Portuguese man o'war 194 prawns 112 prev 40-1,72,148-9 Prydz Bay, Antarctica 257, 266 pteropods 127 pufferfish 130 Purpleback Flying Squid 170 - 1pycnoclines 161 Pygmy Octopus 174 pygmy squids 60-1,102

radula 22,136 Ram's Horn Squid 163, 172-3, 191, 195 reef squids 27, 35, 138-9, 148 reefs, rocky 81 renewable energy 224 reproduction 34-5, 36-9, 94-5,230-2 octopus 100,166 squid 110, 112, 138 respiration 53 Robust Clubhook Squid 198-9.261 Ross, Richard 140 Ross Sea 257 Rossia moelleri 274 ROVs (remotely operated vehicles) 176, 189, 190-1, 192, 194,200 runoff 88,252 salmon 152 salps 148 salt lakes 85 salt water 84-6, 112, 252-3 Sand Octopus 66-7 Sandal-eyed Squid 181 sardines 150-1 scattering layer, deep 151-2 scavengers 37, 40-1, 97, 156-7, 186, 217, 238 Scott, Robert Falcon 234 sea krait 70 sea levels 49, 78, 110, 264 sea slugs 41, 127 snails 20, 41, 87, 119, 127 sea spiders 260-1 sea squirts 108-9 sea stars 20 seagrasses 51, 61, 81, 83, 88, 102.112 seals 106 seaweed 80 sepiadariids 74 sepiolids 74, 242

Sepioteuthis 138

Seven-arm Octopus 244-5, 261 sharks 174, 199, 204, 217 shells 20-3,90-3 acidification and 126 argonaut 164 buoyant 162 internal 27, 28-9, 86 nautiluses 142, 161, 162 Shortfin Squid 154, 155 shrimp 100, 102, 128-9, 184-5, 223, 236 Silurian Period 22 siphonophores 194-5,208 siphons 23, 36, 66, 91, 108 siphuncles 29, 142 Sivertsen, Erling 204-5 skate 226 skin 30-5, 53, 174-5, 176-7, 202-3,276-7 markings 70-1,74,100-1, 131.134 patterns 98, 129, 131, 229, 238 Slender Squid 94,110 snailfish 222, 223 South Pole 251, 256-7 Southern Bobtail Squid 72-3 Southern Bottletail Squid 74 - 5Southern Giant Octopus 106 Southern Ocean 256-7 Southern Pygmy Squid 102-3 spermatophores 95, 230, 266, 270,276 spirulids 162, 172 sponges 108-9,227 Spoon Arm Octopus 276 squid 28, 96, 152, 188 anatomy 17,18 reproduction 36,37 speed 26-7,110 Star-sucker Pygmy Octopus 132-3 statocysts 126 statoliths 126, 232, 266

stilt-walking 64-5 Strawberry/Cock-eyed Squid 176-7,181 Striped Pajama Squid 74 Stubby Squid 242-3 submersibles 190-1 suckers 61,90-1,200-1 octopus 59, 132, 202, 240, 270 squid 174, 204, 208, 246 sunlight zone 146-9,180 Swordtail Squid 232 symbiosis 59, 118, 222 tails 192, 208-9 teeth 22-3, 136, 199, 200 Telescope Octopus 181, 200, 202 - 3temperatures, sea 124-5, 161, 222, 251, 253 tentacles vs. arms 18-19, 41 clubs 199 communication 34 coral 116,118 hooked 197 length 172, 192, 204, 210, 266,268-9 sheath 208 unusual 13,61,195,196 tetrodotoxin 130 Thaumeledone 263 thermoclines 160-1 tidal variation 48-9, 54, 112 tide pools, rocky 45 tongues 22-3 tool use 29, 30-5, 64, 108, 172, 199 toxicity 130-1 translucency 108-9, 138, 162, 210.231.266 transparency 37-8, 122-3, 149.228-9 octopus 68,200-1,206 squid 27, 168, 174, 210, 266 trenches, ocean 180, 218, 223

trilobites 20,21 tropical waters 120–7 Turquet's Octopus 270 twilight zone 180–5 Two-toned Pygmy Squid 102

ultraviolet light 129, 161 umbrella octopuses 240 unicorn icefish 261

Vampire Squid 10, 27, 28-9, 41, 186-8, 190-1 Veined Octopus 64 Velodona 263 venom 34, 41, 46-7, 70, 104, 130-1, 136, 261 Vescovo, Victor 216 Vibrio bacteria 112 vision 25,181 volcanoes 85, 98, 218 underwater 219,220 walking bipedal 62, 64 flaps 140 stilt- 64-5 Wallace, Alfred Russel 121, 123 Warty Bobtail Squid 255, 274 - 5wave action 54 Weddell Sea 257, 266 whales 153, 185, 199, 204, 217 Whiplash squid 190, 191 white smokers 220, 222 worms bone 217 marine 57, 272, 274 tube 222,236 Wunderpus 34, 70-1, 122-3, 131.134 zooplankton 147, 148-9, 182 zooxanthellae 118,119