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INTRODUCTION

Scotland's Hidden Gem

Standing at the top of Calton Hill, close to the center of Edinburgh, is Scotland's National Monument, built to commemorate the Scottish soldiers and sailors who died in the Napoleonic Wars. Modeled on the Parthenon in Athens, it ended up resembling its inspiration more than its designers intended.[1] While the Parthenon is half destroyed, the National Monument is only half constructed, after work was abandoned in 1829 due to lack of funds.

The monument's evocation of classical Greece in modern Scotland might at first seem incongruous. When Plato and Aristotle were laying down the foundations of Western philosophy, Scotland, like the rest of Britain, was still a preliterate society. However, by the early eighteenth century, it could proudly claim to be the successor of Athens as the philosophical capital of the world. Edinburgh was leading the European Enlightenment, rivaled only by Paris as an intellectual center. In 1757, David Hume, the greatest philosopher the city, Britain, and arguably even the world had ever known, said with some justification that the Scottish "shou'd really be the People most distinguish'd for literature in Europe."[2]

FIGURE 1. Scotland's National Monument on Calton Hill, Edinburgh.

The city produced two of the greatest thinkers of the modern era. One, the economist Adam Smith, is widely known and esteemed. The other, Hume, remains relatively obscure outside academia. Among philosophers, however, he is often celebrated as the greatest among their ranks of all-time. When thousands of academic philosophers were recently asked which non-living predecessor they most identified with, Hume came a clear first, ahead of Aristotle, Kant, and Wittgenstein.[3] Hume has become the postmortem victim of a phenomenon he himself described: "Learning has been as great a Loser by being shut up in Colleges and Cells, and secluded from the World and good Company."[4] Hume is as adored in academe as he is unknown in the wider world.

Many scientists—not usually great fans of philosophy—also cite Hume as an influence. In a letter to Moritz Schlick, Einstein reports that he read Hume's *Treatise* "with eagerness and admiration shortly before finding relativity theory." He goes so far as to say that "it is very well possible that without these philosophical studies I would not have arrived at the solution."[5] Charles Darwin's notebooks also show he read several of Hume's works. Even the biologist Lewis Wolpert, who says philosophers are "very clever but have nothing useful to say whatsoever," makes an exception for Hume, admitting that at one stage he "fell in love" with him.[6]

Not even his academic fans, however, sufficiently appreciate Hume as a *practical* philosopher. He is most known for his ideas about cause and effect, perception, and his criticisms of religion. People don't tend to pick up Hume because they want to know how to live. This is a great loss. Hume did spend a lot of time writing and thinking about often arcane metaphysical questions, but only because they were important for understanding human nature and our place in the world. "The most abstract speculations concerning human nature, however cold and unentertaining, become subservient to practical morality; and may render this latter science more correct in its precepts, and more persuasive in its exhortations."[7] For instance, cause and effect was not an abstract metaphysical issue for him but something that touched every moment of our daily experience. He never allowed himself to take intellectual flights of fancy, always grounding his ideas in experience, which he called the "great guide of human life." Hume thus thought about everyday issues in the same way as he did about ultimate ones.

To see how Hume offers us a model of how to live, we need to look not only at his work but at his life. Everyone who knew Hume, with the exception of the paranoid and narcissistic

Jean-Jacques Rousseau, spoke highly of him. When he spent three years in Paris in later life he was known as "*le bon* David," his company sought out by all the *salonistes*. Baron d'Holbach described him as "a great man, whose friendship, at least, I know to value as it deserves."[8] Adam Smith described him as "approaching as nearly to the idea of a perfectly wise and virtuous man, as perhaps the nature of human frailty will permit."[9]

Hume didn't just write about how to live—he modeled the good life. He was modest in his philosophical pretensions, advocating human sympathy as much as, if not more than, human rationality. He avoided hysterical condemnations of religion and superstition as well as overly optimistic praise for the power of science and rationality. Most of all, he never allowed his pursuit of learning and knowledge to get in the way of the softening pleasures of food, drink, company, and play. Hume exemplified a way of life that is gentle, reasonable, amiable: all the things public life now so rarely is.

What Hume said and did form equal parts of a harmonious whole, a life of the mind and body that stands as an inspiration to us all. I want to approach David Hume as a synoptic whole, a person whose philosophy touches every aspect of how he lived and who he was. To do that, I need to approach his life and work together. I have followed in Hume's biographical and sometimes geographical footsteps to show why we would be wise to follow in his philosophical ones too.

When we look at his life and person, we also understand better why Hume has not "crossed over" from academic preeminence to public acclaim. In short, he lacks the usual characteristics that give an intellectual mystique and appeal. He is not a tragic, romantic figure who died young, misunderstood, and unknown or unpopular. He was a genial, cheerful man who died loved and renowned. His ideas are far too sensible to shock or

not obviously radical enough to capture our attention. His distaste for "enthusiasts"—by which he meant fanatics of any kind—made him too moderate to inspire zealotry in his admirers. These same qualities that made him a rounded, wise figure prevented him from becoming a cult one.

If ever there were a time in recent history to turn to Hume, now is surely it. The enthusiasts are on the rise, in the form of strongman political populists who assert the will of the people as though it were absolute and absolutely infallible. In more settled times, we could perhaps use a Nietzsche to shake us out of our bourgeois complacency, or entertain Platonic dreams of perfect, immortal forms. Now such philosophical excesses are harmful indulgences. Good, uncommon sense is needed more than ever.

I'm going to use a lot of Hume's own words, simply because I find them so elegantly crafted that I can't see how paraphrasing improves them. I know that many people find Hume difficult to read, largely because of his eighteenth-century style, with its long sentences and archaic vocabulary. But within these seemingly meandering and long-winded texts there are so many gems. In particular, Hume knew the importance of beginnings and endings. Take the first paragraph of *An Enquiry concerning the Principles of Morals*:

> Disputes with men, pertinaciously obstinate in their principles, are, of all others, the most irksome; except, perhaps, those with persons, entirely disingenuous, who really do not believe the opinions they defend, but engage in the controversy, from affectation, from a spirit of opposition, or from a desire of showing wit and ingenuity, superior to the rest of mankind. The same blind adherence to their own arguments is to be expected in both; the same contempt of their

> antagonists; and the same passionate vehemence, in inforcing sophistry and falsehood. And as reasoning is not the source, whence either disputant derives his tenets; it is in vain to expect, that any logic, which speaks not to the affections, will ever engage him to embrace sounder principles.[10]

If you can get beyond the use of words like "pertinaciously" (holding firmly to an opinion or a course of action), "whence," and "inforcing," you'll find a paragraph that is almost a mini-essay, capturing so much that is true of the nature of obstinacy and why it is objectionable. It also tells you that Hume intends to avoid the vice. Hume's inquiries are sincere, not attempts to justify his own preexisting beliefs. The reader should approach his work in the same spirit of openness.

I've extracted the essence of the lessons we can learn from him as Humean maxims and aphorisms. From the above passage, for instance, we can distill the principle: When reason has nothing to do with why people hold their beliefs, reason is powerless to change them. Usually these are in my words, sometimes they are in Hume's. They are gathered together in the book's appendix. On some occasions they are negative lessons: things we can learn from Hume's mistakes and failings. The self-detracting and humble Hume would surely have approved of this. He once wrote that one of the things that makes a human superior to other animals is that he "corrects his mistakes; and makes his very errors profitable."[11] After giving his verdict on the character of Sir Robert Walpole, he even noted that "the impartial Reader, if any such there be; or Posterity, if such a Trifle can reach them, will best be able to correct my Mistakes."[12]

A good Humean aphorism to start us on our guided journey comes directly from the pen of the man himself: "There are great Advantages, in travelling, & nothing serves more to

remove Prejudices."[13] Hume traveled a great deal during his lifetime. Two of the most significant trips were both to France. They came at opposite ends of his career and had very different characters. As a young man, he went to sleepy La Flèche in the Loire valley to work in virtual solitude on his first major philosophical work, *A Treatise of Human Nature*. As an older man, his oeuvre complete, he spent a little over two years in bustling Paris, feted by the intelligentsia. These bookends, both symmetric and asymmetric at the same time, frame his life and work in a way that helps us to better understand both. They show that Hume speaks to us all, at every time of life, whether solitary or sociable, well-known or obscure, successful or struggling, young or old. Hume and his philosophy are companions for life.

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