## CONTENTS

Preface	ix
1. How to Construct an Organism	1
2. Heredity from First Principles	8
<b>3.</b> The Triumph of the Gene	24
4. Monsters, Worms, and Rats	51
5. The Nongenetic Inheritance Spectrum	69
<b>6.</b> Evolution with Extended Heredity	102
7. Why Extended Heredity Matters	115
8. Apples and Oranges?	137
<b>9.</b> A New Perspective on Old Questions	158
<b>10.</b> Extended Heredity in Human Life	192
Acknowledgments	221
Notes	223
Bibliography	255
Index	281

# How to Construct an Organism

What I cannot create I do not understand. —Richard P. Feynman<sup>3</sup>

Not so long ago, newspaper headlines around the world proclaimed that scientists had created "artificial life." This astonishing news referred to an experiment from the laboratory of maverick molecular biologist Craig Venter, in which the DNA molecule of a simple type of bacteria had been artificially synthesized from its chemical building blocks (with some curious embellishments, like Venter's email address encrypted in the DNA's genetic code), and then inserted into a different species of bacteria, replacing that cell's own genome. Amazingly, this procedure resulted in a living bacterial cell that went on to divide and produce a colony of bacteria.<sup>4</sup>

Beyond its sheer technical wizardry, Venter's experiment seems to offer a unique insight into the nature of heredity—the transmission of biological information across generations that causes offspring to resemble their parents, and can thereby enable evolution by natural selection.<sup>5</sup> After all, Venter's research group had managed to decouple two fundamental components of a cellular organism—the genome (that is, the DNA sequence) and its cytoplasmic surroundings (that is, the immensely complex biomolecular machinery that constitutes a living cell). The resulting bacterial chimera, which combines the genome of one species with the cytoplasm of another, should therefore tell us something about the roles of the DNA sequence and the cytoplasm in the transmission of organismal traits across generations. Did Venter's

### 2 Chapter 1

bacterium resemble the species from which it got its DNA sequence, the species from which it got its cytoplasm, or both?

Reports on Venter's experiment emphasized the role of the genome in converting the bacterial host cell into a different species of bacteria: the genome induced changes in the features of the cell into which it had been inserted, such that, after several cycles of cell division, the descendants of the original chimeric cell came to resemble the genome-donor species. This result illustrates the DNA's well-known role in heredity: the basepair sequence of the DNA molecule *encodes* information that is *expressed* in the features of the organism. Indeed, from here, it seems a small step to conclude that the cytoplasm (and, by extension, any multicelled body) is fully determined by the genome, and that the DNA sequence is all we need to know to understand heredity. Venter's experiment thus seems to provide a powerful confirmation of a concept of heredity that has underpinned genetics and evolutionary biology for nearly a century.

But take a closer look at Venter's experiment and the picture becomes less clear. Although many media reports gave the impression that Venter's "artificial" organism was created from a genome in a petri dish, the bacterial chimera actually consisted of a completely natural bacterial cell in which only one of many molecular components had been replaced with an artificial substitute. This is an important reality check: although it's now possible to synthesize a DNA strand, the possibility of creating a fully synthetic cell remains the stuff of science fiction.<sup>6</sup> In fact, rather than demonstrating the creation of artificial life, Venter's experiment neatly illustrates a universal property of cellular life-forms: all living cells come from preexisting cells, forming an unbroken cytoplasmic lineage stretching back to the origin of cellular life. This continuity of the cytoplasm is as universal and fundamental a feature of cellular life-forms as the continuity of the genome. Of course, cytoplasmic continuity does not in itself demonstrate that the cytoplasm plays an independent role in heredity. After all, the features of the cytoplasm could be fully encoded in the genes. Yet, the potential for a nongenetic dimension of heredity clearly exists.<sup>7</sup>

The continuity of the cell lineage has been recognized since the mid-nineteenth century but, since the dawn of classical genetics in the early twentieth century, many biologists have been at pains to deny or downplay the role of nongenetic factors in heredity, arguing that the

### How to Construct an Organism 3

transmission of organismal features across generations results more or less entirely from the transmission of genes in the cell nucleus.<sup>8</sup> Genes were assumed to be impervious to environmental influence, so that an individual could only transmit traits that it had itself inherited from its parents. These ideas gained prominence while the term "gene" still referred to an entirely theoretical entity, and long before molecular biologists uncovered DNA's structure and the genetic code. More recently, this view was popularized by Richard Dawkins in his memorable image of the body as a lumbering robot built by genes to promote their own replication. But this purely genetic concept of heredity was never firmly backed by evidence or logic. Venter's chimeric bacteria were foreshadowed by late nineteenth-century embryological experiments that combined the cytoplasm of one species with a nucleus from another species, providing the first hints that the cytoplasm is not a homogeneous jelly but a complex machine whose components and three-dimensional structure control early development. Further tantalizing hints of a nongenetic dimension to heredity were provided by the work of mid-twentieth-century biologists who discovered that mechanical manipulation of the structure of single-celled organisms like Paramecium could result in variations that were passed down unchanged over many generations. Today, after many more clues have come to light, biologists are finally beginning to reconsider the possibility that there is more to heredity than genes.

### **RETURN OF THE NEANDERTHALS?**

Venter's experiment raises intriguing questions about the nature of heredity at the level of a single cell, but what about multicelled organisms like plants and animals? A single cell's cytoplasm is divided in half each time the cell divides and then supplemented with newly synthesized proteins encoded by the genome. It is this process of gradual conversion that allowed the bacterial genome to gradually reset features of the host cell in Venter's experiment. Can such conversion also reset the features of more complex life-forms?

Consider an example at the opposite extreme of the complexity gradient—the recent idea of resurrecting a Neanderthal. Some people believe that such a feat could be accomplished by implanting a synthetic

### 4 Chapter 1

Neanderthal genome (whose sequence was recently deciphered from DNA fragments extracted from ancient bones) into a modern human egg or stem cell deprived of its own genome. Ethical considerations aside, it would be extremely interesting to compare the physical and mental traits of our enigmatic sister species with our own, and on the face of it, such an experiment could be carried out by following Venter's recipe. What's less clear is how closely the resulting creature would resemble a genuine Neanderthal.

Neanderthals differed from us *Homo sapiens* in many features of their bodies, such as their muscular build, long, low skulls with heavy brow ridges, and more rapid juvenile development<sup>9</sup> (figure 1.1). Some paleoanthropologists also believe that Neanderthals differed from contemporaneous *Homo sapiens* populations in various aspects of their culture and social organization, such as their use of clothing, foraging techniques, and reliance on long-distance trading networks.<sup>10</sup> Which of these features could we expect to observe in an individual derived from a Neanderthal genome implanted into a modern human egg?

Clearly, such a creature would fail to exhibit Neanderthal cultural practices, since culture is not encoded in the genes (although a population of such creatures, if allowed to interbreed for many generations in isolation, could perhaps tell us something about Neanderthals' capacity to develop complex culture). A lone Neanderthal growing up playing video games and watching movies in its enclosure at the primate research institute would surely fail to develop many of the behavioral peculiarities of its species. Moreover, we know that physical activity influences the development of bones and muscles, while dietary preferences and practices (which are partly culturally transmitted) influence the development of dental and cranial features. So even the distinctive features of Neanderthal bodies may have been a product not only of Neanderthal genes but also of how they behaved and what they ate. A couch-potato Neanderthal will undoubtedly exhibit some of the distinctive features of Neanderthal physiology but might still end up looking more like a specimen of modern, industrialized Homo sapiens, with its proverbial joy-stick thumb, fondness for potato chips, and alarming body-mass index.

But the problem runs even deeper. In all complex organisms, development is largely regulated by *epigenetic* factors—molecules (such as methyl groups and noncoding RNAs) that interact with the DNA and



How to Construct an Organism 5

**Figure 1.1.** Skeletons of a Neanderthal (*left*) and modern human (*right*). Can a Neanderthal be resurrected by implanting a Neanderthal DNA sequence into a modern human egg? (© I. Tattersall, Photo: K. Mowbray)

6 🔳 Chapter 1

influence when, where, and how much genes are expressed. Some epigenetic factors can be acquired through exposure to particular environmental factors such as diet, and can then be transmitted to offspring. Although recent research by Liran Carmel's lab in Israel has begun to uncover aspects of the Neanderthal epigenome,<sup>11</sup> it remains unclear which differences between Neanderthals and Homo sapiens were downstream consequences of genetic differences and which differences resulted from their long-vanished environment and lifestyle. Indeed, some epigenetic patterns found in children conceived during seasonal cycles of food shortage in an agricultural population in The Gambia in West Africa were also characteristic of Neanderthals, suggesting that these epigenetic features of Neanderthals may have been a result of their diet rather than their genes.<sup>12</sup> Unless such epigenetic factors, and other nongenetic influences on development such as cytoplasmic and intrauterine factors, can be reconstructed along with the Neanderthal DNA sequence, our Neanderthal may lose even more of its distinctive traits.

In short, we suspect that implanting a Neanderthal genome into a modern human egg would result in a creature that diverged in many behavioral and physical features from genuine Neanderthals. The reason for this is simply that a DNA sequence does not contain all the information needed to re-create an organism.

### WHY NOTHING IN BIOLOGY MAKES SENSE ANYMORE

The idea that genes encode all the heritable features of living things has been a fundamental tenet of genetics and evolutionary biology for many years, but this assumption has always coexisted uncomfortably with the messy findings of empirical research. The complications have multiplied exponentially in recent years under the weight of new discoveries.

Classical genetics draws a fundamental distinction between the "genotype" (that is, the set of genes that an individual carries and can pass on to its descendants) and the "phenotype" (that is, the transient body that bears the stamp of the environments and experiences that it has encountered but whose features cannot be transmitted to offspring). Only those traits that are genetically determined are assumed to be heritable—that

### How to Construct an Organism 🖉 7

is, capable of being transmitted to offspring-because inheritance occurs exclusively through the transmission of genes. Yet, in violation of the genotype/phenotype dichotomy, lines of genetically identical animals and plants have been shown to harbor heritable variation and respond to natural selection. Conversely, genes currently fail to account for resemblance among relatives in some complex traits and diseases-a problem dubbed the "missing heritability."<sup>13</sup> But, while an individual's own genotype doesn't seem to account for some of its features, parental genes have been found to affect traits in offspring that don't inherit those genes. Moreover, studies on plants, insects, rodents, and other organisms show that an individual's environment and experiences during its lifetime-diet, temperature, parasites, social interactions-can influence the features of its descendants, and research on our own species suggests that we are no different in this respect. Some of these findings clearly fit the definition of "inheritance of acquired traits"-a phenomenon that, according to a famous analogy from before the Google era, is as implausible as a telegram sent from Beijing in Chinese arriving in London already translated into English.<sup>14</sup> But today such phenomena are regularly reported in scientific journals. And just as the Internet and instant translation have revolutionized communication, discoveries in molecular biology are upending notions about what can and cannot be transmitted across generations.

Biologists are now faced with the monumental challenge of making sense of a rapidly growing menagerie of discoveries that violate deeply ingrained ideas. One can get a sense of the growing dissonance between theory and evidence by perusing a recent review of such studies and then reading the introductory chapter from any undergraduate biology textbook. Something is clearly missing from the conventional concept of heredity, which asserts that inheritance is mediated exclusively by genes and denies the possibility that some effects of environment and experience can be transmitted to descendants.

In the following chapters, we will sketch the outlines of an extended concept of heredity that encompasses both genetic and nongenetic factors and explore its implications for evolutionary biology and for human life.

### INDEX

acetophenone, 59-60

acetylation, 67 adaptive evolution: nongenetic inheritance and, 247-54 adaptive landscape, 116-20; genetic and nongenetic inheritance as separate mountaineers on, 118-29; for lactase persistence allele, 133-35 adaptive parental effects, 15, 70-76, 150-52, 243n282 aging process: epigenetic clock and, 180-82; extended heredity and, 178-83 Agouti gene, mice, 56-58, 231n117 alcohol consumption, maternal, 35, 193-97, 248n341 ancient DNA, 10, 225n21 Angelman syndrome, 203 antibiotics, 86-87, 252n416; curative effects of, 252n413; -laced food, 123-25, 127-28; production and use of, 211-13 Anthropocene, 209 anticipatory parental effects, 73-76, 150, 210 Anway, Matthew, 58 Arabidopsis thaliana, 155 archaea, 87 Archer, Edward, 200-201, 204 Areca catechu (areca palm), 206 artificial reproductive technologies, 251n394 Australian skink (Eulamprus quoyii), 83-84 Avr3a allele, 160, 162, 163, 165 bacteria: Clostridum difficile, 86-87; Wol-

*bachia*, 86, 88 Barker, David, 199–201, 204 Bateson, William, 43, 46

- behavior: cultural variation, 81-82; as directed
  - variation, 151-52; social learning, 83-85
- Beisson, Janine, 90, 91, 93
- Bell, Alison, 75
- betel vine (Piper betle), 206
- Bigger, Joseph, 212-13
- birds of paradise, 166
- birth defects: maternal alcoholism and, 193–97; thalidomide and, 198–99, 201–2
- bisphenol A (BPA), 59, 219
- body size, 14; aging and, 179; genetic or nongenetic inheritance, 226n35; nutrition and, 169; variation of, 77–78
- bonobos, 210
- Boveri, Theodor, 36
- bowerbirds, 166
- Bowler, Peter, 29
- *Caenorhabditis elegans* (nematode worm), 62, 63, 67, 205
  California kid: frequency of, genetic and nongenetic inheritance, 122–29; *Mycoplasma capricolum* as, 120–29; transplanted into *M. mycoides*, 121
  California mouse (*Peromyscus californicus*), 80
  Carey, Nessa, 231n110
  Carmel, Liran, 6
  Carroll, Lewis, 159
  Cavalier-Smith, Thomas, 92, 93 *Cdk9* gene, 64 *ceh-13* gene, 67
  cell membrane, 13, 90, 92–93, 126, 224n7
  Champagne, Frances, 80

### 282 🔳 Index

chimpanzees: cultural variation, 81-82 Chinese Cultural Revolution, 251n403 chloroplasts, 87 Chordates, 143, 189 chromatin structure, 63, 227n44; inheritance of, 66-68, 233n146; male's environment, 204, 206; variation in, 144 climate change, 209, 211 Clostridum difficile (bacteria), 86-87 cognition, role in adaptive evolution, 151-2 Colot, Vincent, 155 condition transfer, 170 coprophagy, 88 Crean, Angela, 78 Creutzfeldt-Jakob disease, 94-95 Crick, Francis, 44 CRISPR-Cas system, 99, 214-15, 230n92; discovery of, 253n421; potential uses of, 215-17 Cropley, Jennifer, 57-58 cultural evolution: lactase persistence, 130-35, 154; maladaptive behaviors, 151-2, 243n284; in Neanderthals, 4; tea preference example, 105-8; term, 22 culture: in chimpanzees, 81-82; cumulative human, 81; genes and, 130, 140 Cyclotella meneghiniana (calcareous alga), 89,90 Cystophora cristata (hooded seal), 167 cytoplasm, 1-3, 17, 87, 224n7; in cell division, 213; egg, 13, 36, 74, 83, 92-93, 181; role in heredity, 29, 36, 95, 100, 121, 139, 174-78; sperm, 13, 73, 181 cytoskeleton, 92-93, 126 Danchin, Étienne, 20 dandelions, 65-66 Daphnia sp. (water fleas), 73, 74, 75, 139, 143 dauermodifikationen, 37 Darwin, Charles, 8, 21, 28, 29, 31, 116; Darwinian population, 225n15; The Descent of Man, 166; evolutionary theory, 128; finches, 187, 188; fitness, 76-77; Galápagos Islands, 178, 187, 210; hypothesis of pangenesis, 28, 29, 34, 63-64; natural selection, 147; On the Origin of Species, 183–89; tortoises, 210 Dawkins, Richard, 3, 19 The Descent of Man (Darwin), 166 desert locust (Schistocerca gregaria), 73-74 developmental origins of health and disease (DOHaD), 201-3, 204, 206

developmental plasticity, 96, 146, 149, 152, 240n256

diabetes, 59, 200

Dias, Brian, 59-60

diet, 52, 129, 139, 154, 200, 210–11, 220; environmental factor, 6, 16, 32, 53; manipulation of, 65, 67, 86, 88, 95–97, 99, 101; role in parental effects, 35, 57–58, 76–79, 144, 180–81, 205–6, 236n176

*Difflugia corona* (amoeboid protist), 89, 90–91 directed mutation and variation, 27, 138,

147–54, 243n280 DNA (deoxyribonucleic acid): combinatorial complexity of, 241n270; stability of, 9–11; structure, 25

DNA methylation: altered patterns in body of offspring, 70; *Arabidopsis* strains, 155; changes in, 180, 203; differences between Neanderthals and modern humans, 4–5, 136; functions of, 156; influencing genetic mutation, 153; inheritance of, 56–62; patterns, 156, 172, 203, 206

DNA methyltransferase (DNMT) enzyme system, 156

DNA sequences, 1–2, 8: acquired immunity in mice, 230n92; cellular machinery, 100; CRISPR-Cas technology, 214–15; parasitic, 156; schematic of duality of heredity, 9; stability of transmission, 16–17, 144, 227n42; transmission of nuclear, 99

Dobzhansky, Theodosius, 21, 44, 47, 48, 49, 145

DOHaD (developmental origins of health and disease), 201–3, 204, 206

dolphins, 83

*Drosophila melanogaster*, 38, 66–67, 72, 86, 99, 181; compound eyes of, 66–67

drug resistance, 212-13

dual inheritance theory, 18

duality of heredity, 8–9, 17–21; schematic of, 9 Dunn, Lesley, 49

Dutch Hunger Winter, 202-3, 204, 207, 211

Ecdysozoans, 189

effector proteins, 159-61, 163

egg cytoplasm, 36

embryonic development, 12–13, 53, 218, 251n390; alcoholism and, 196–97; germ line in, 33, 226n32; initial phases of, 49–50; pesticides and, 59; RNA and, 63, 65, 205; sea urchins, 36; structure of fertilized egg in, 13; understanding, 21

Index 🔳 283

endocrine disruptors, 58–59, 218–20 Engels, Friedrich, 46

- epialleles, 98, 118, 148; *Agouti* gene, 58; environmentally induced changes, 59–61, 182; genetic mutation, 171; as nongenetic factor, 139–40; pattern of inheritance for, 245n304; *Phytophthora sojae* carrying, at *Avr3a* gene, 162–63; as regulatory switches, 142–44; role in evolution, 136; spread of disease-causing, 163–65; transmission of, 57–59, 182–83, 207, 245n305
- epigenetic clock, aging and, 180–82 epigenetic evolution: term, 22
- epigenetic inheritance, 13, 51, 58, 66, 68, 69; evolution of in mammals, 231n117; hereditary diversity and, 190; peak shifts via, 185–86, 188; prevalence in plants, 226n32; research on, 156–57; transgenerational, 54, 57–58, 61, 68, 69–70; transmission of chromatin structure, 66–68; transmission of DNA methylation, 56–62; transmission of RNA, 62–66
- epigenetics and the evolution of ageing, 182–83 epigenetic recombinant inbred lines (epiRILs),
- 155–56 epigenetics, 4, 6, 12, 51–52; narrow-sense definition of, 231n110; term, 52
- epigenetic variation, 12-13; types of, 52-53
- epigenomes, 14, 56, 60, 219; aspects of, 17;
- changes, 14; changing with age, 180–81; genome shaping, 138–39, 143, 157; Neanderthal, 6; reproduction, 174–75; sequencing, 98; sperm, 73
- epigenetic reprogramming, 15, 60-61, 79, 92, 98
- epimutation, 54, 141, 171, 204, 231n116
- *Etheostoma olmstedi* (tessellated darter), 187 eugenics, 45–47, 195, 217
- Eugenics, 43–47, 193, 217
- *Eulamprus quoyii* (Australian skink), 83–84
- evolution: of aging, 178–83; of drug resistance, 211–14; heritable variation, 224n5; implications of extended heredity for, 21–23, 119– 20,140–47; incarnation of the tortoise and the hare, 119; Lamarck's theory of, 26–28; mathematical modeling of, 104–8; metaphor for visualizing, 116–20; term, 21–22
- evolutionary biology, extending concept of heredity, 115–16
- evolutionary transitions, 189–91
- extended evolutionary synthesis (EES), 223n1
- extended heredity, 17–22; aging and,
  - 178-83; critiques of, 137-54; developmental

systems theory and, 227n47; evolutionary understanding, 145–47; implications for evolution, 21–23; nongenetic factors and, 138–40; nongenetic inheritance in adaptive evolution, 140–44; sexual reproduction and, 172–78

- extracellular vesicles, 63, 205, 230n92
- famine: Dutch Hunger Winter, 202–3, 204, 207, 211; Leningrad siege, 202–3, 204, 208, 211
- fertilization, 12; postfertilization, 9, 71, 97, 190; self-, 35; sexual reproduction, 12, 32, 60–61, 92, 173–76
- fetal alcohol spectrum disorders (FASD), 193–97, 198, 199, 220
- fetal programming hypothesis, 199, 201
- Feynman, Richard P., 1, 223n3
- finches: Darwin's, 187, 188
- Firestein, Stuart, 158
- Fisher, R. A., 46, 48
- Fleming, Sir Alexander, 212
- Flor, Harold, 159, 244n297
- Futuyma, Doug, 142
- Galton, Francis, 31-35, 45, 48, 192, 217, 218
- Gasterosteus aculeatus (three-spined sticklebacks), 80–81
- gemmules (particles in pangenesis), 28, 29, 34, 63
- gene expression, 2, 10, 12, 16–17, 21, 52, 56, 60–61, 63, 66, 67–68, 95, 120, 140, 142, 144, 204, 231n117, 235n174
- gene-culture coevolution: dairy products in diet, 129–36; role in human evolution, 171–72
- gene-for-gene mechanism, 159-60, 162, 244n297
- gene promoters, 53
- genes, 24–25; culture and, 139, 140; nongenetic factors interacting with, 142
- genetic code, 1, 3, 9, 25, 42
- genetic encoding concept, 27, 41-45, 229n92
- genetic inheritance, 14; definition, 17
- genetic variation, 14, 96, 98, 188; additive vs. nonadditive, 20, 228n50; for fitness, 168–69; natural selection acting on, 96, 138, 144, 149, 160; nongenetic and, 21–22
- genome activation (in zygote), 62, 92
- genome-wide association studies (GWAS), 146
- genomic imprinting, 203, 235n174

284 🔳 Index

genotype, 6 genotype/phenotype dichotomy, 7 germ line/germ plasm, 15-16, 25, 30, 32-33, 41-43, 54, 58, 60, 63, 67, 70, 71, 74-75, 87, 94, 96-98, 143, 177, 181, 189-90, 194-95, 197, 204, 216-17 Gin Lane (etching), 194 Godfrey-Smith, Peter, 144, 225n15, 225n26 good genes, 168-71 Gray, Russell, 226n26 Great Famine (Ireland), 160, 244n299 great tit (Parus major), 84 Griffiths, Paul, 226n26 Grünenthal, 198 Guthrie, Woody, 214, 217, 253n429 Hadany, Lilach, 174-76 Haggard, Howard, 196-97 Haig, David, 76, 142, 231n116 Haldane, J.B.S., 43, 48, 115, 235n172 Hales, Nick, 200 Hanson, Frank, 39, 195 Harari, Yuval Noah, 151 hard inheritance, 34, 40 Hardin, Garrett, 253n428 Hardy-Weinberg equilibrium, 245nn301, 302, and 305 Harman, Oren, 103 Harmonia axyridis (ladybird beetle), 85-86 Hartmann, Max, 37 hemoglobin, 204, 225n24 hereditary diseases, 65, 200-204 heredity: changing views of, 30; discovery of, 25-28; extended, 17-21; extending concept of, 115-16; Galtonian concept of, 45, 198-99, 218; hard concept of, 29, 31-37; limited, 143; mechanisms of, 14; Mendeliangenetic concept of, 41; modern concept of, 31; nongenetic factors in, 11-17; role of ideology in, 45-48; symbionts and, 85-88; term, 227n45; transmission of genes, 42; unlimited, 143 heritable variation, 13, 20-21, 39-40; culture and genes, 138, 140-41; in fitness, 170-71; genetic mutation and, 158; Mendelian rules, 49; natural selection on, 147, 152, 224n5 histones, 12, 52-53, 66-67, 233n146 Hogarth, William, 194 holobiont concept, 85

Holocaust, 206–7; psychological trauma in survivors, 207, 251n403

Homo sapiens, 4, 6, 23; evolution of, 151, 154; lactase persistence allele, 132; skeleton of, 5 hooded seal (Cystophora cristata), 167 horizontal gene transfer, 85 hormones,10, 13, 59, 97, 152, 207; -mimicking chemicals, 152, 211, 217, 219 Horvath, Steven, 180 hosts, parasites antagonism and coevolution with, 159-66 human health: antibiotics and microbial resistance, 211-14; developmental origins of health and disease (DOHaD), 201-3, 204, 206; fetal growth and development, 199-204; hereditary diseases, 65, 200-204; maternal alcoholism and birth defects, 35, 193-97, 248n341; paternal effects, 204-6; psychological trauma, 206-8; thalidomide, 197-99 human height, 32, 48, 224n13 Huxley, Julian, 43, 44, 47, 48, 145 hypotrich ciliates, 90-91 ideology, role in history of heredity, 45-48 IGF (insulin-like growth factor) genes, 10, 225n20, 236n174 indirect genetic effects, 72 infection: Clostridum difficile and, 86-87 information, hereditary transmission of, 93, 99-102, 115, 144 inheritance: behavioural, 81-85; body size, 226n35: chromatin structure, 66-68: definition, 18; DNA methylation, 56-62; genetic and nongenetic mechanisms of, 18-19; prion, 94-95; RNA, 62-66; structural, 88-95; of symbionts and microbiome, 85-88; term, 227n45 inheritance of acquired condition, 170 inheritance of acquired traits, 7, 15, 24, 26-27, 29, 38-39, 43-44, 47, 49, 116, 195 intelligent design, 52 interpretive machinery, nongenetic factors as, 20,99-101intrauterine environment, 16, 54, 70, 75, 181, 199, 204, 219 isogenic lines, 39, 56-57, 67, 96, 155 Jablonka, Eva, 19, 143, 147, 152, 153, 190, 209 Japanese macaques (Macaca fuscata), 82, 83 Jellinek, Elvin, 196-97 Jennings, Herbert, 90

Johannes, Frank, 155

Index 🔳 285

Johannsen, Wilhelm, 33, 35, 43 Jollos, Victor, 37 junk DNA, 10 Kammerer, Paul, 37 The Killing Gene (film), 114 Kit gene, 64 Klironomos, Filippos, 185, 186 Klosin, Adam, 67 Koestler, Arthur, 25 Kuhn, Thomas, 51 kuru, 94 lactase persistence: dairy consumption and, 130-35, 154; maps of allele and phenotype frequencies, 130, 131 lactose intolerance, 130, 134-36 ladybird beetle (Harmonia axyridis), 85-86 Lakotas, Imre, 137 Lamarck, Jean-Baptiste, 26-28; laws of nature, 26-28; Philosophie Zoologique, 26, 28 Lamarckism, 26, 27, 34, 116, 195-96, 197, 199; neo-, 46 Lamb, Marion, 19, 143, 147, 152, 153, 190 Lcyc gene, 56 Lederberg, Joshua, 40 lek paradox, 168-71 Leningrad siege famine, 202-3, 204, 208, 211 Linaria vulgaris (toadflax), 55, 56, 140, 231n116 Linnaeus, Carl, 54, 55, 56 locusts, 73-74, 234n165 Lyramorpha rosea (bug), 71 Lysenko, Trofim, 47 Lysenkoism, 46, 47, 230n101, Marxism-Leninism and, 46; Mendelism-Morganism and, 47; Stalin and 46 Macaca fuscata (Japanese macaques), 82, 83 McGhee, Katie, 75 macroevolution, 22-23, 158 Mahler, Alma, 37 Mahler, Gustav, 37 The Major Transitions in Evolution (Maynard Smith and Szathmáry), 189 mammoths, 10, 215 Manhattan Project, 103 Marshall, Dustin, 76 mate choice, 172-78 maternal alcoholism, birth defects from, 35, 193-97, 248n341

maternal effects, 69, 70, 72; and fitness, 73-76; in humans, 193-211 Maynard Smith, John, 19, 145, 189-90 Mayr, Ernst, 24, 44, 145 meiosis, 32, 243n282 membranes, heredity of, 90, 92-93 memes, 19 Mendel, Gregor, 37-39, 192 Mendelian genes, 24, 38, 44, 48-49, 195, 243n282 Mendelian genetics, 8, 25, 39, 40-41, 78-79, 195-96, 229n70, 240n242 Mendelian laws, 25, 145, 162 mental retardation, 197, 204 methylation: of DNA, 9, 54-62, 66, 70, 121, 136, 153, 155-56, 172, 180, 203-4, 206-7, 226n32, 227n44, 231n117; of histones, 67, 233n146; of RNA, 204 mice: Agouti gene in, 56-58; paternal effects in, 72 microbial evolution, 211-14 microbiome: symbionts and inheritance, 85-88 microevolution, 158 midwife toad, 37 milk and dairy: consumption in diet, 129-36; lactase persistence allele, 129-35, 154; lactose intolerance, 130, 134-36 missing heritability, 7, 146, 224n13 mitochondria: chloroplast and, 87-88; dolphins, 83; structural changes in, of yeast, 238n227 Modern Synthesis, 24, 49, 145; adaptation by natural selection, 149; creation myth of, 48-50; ; extended heredity and, 128, 137; genetic mutations in, 242n271; genetic variation, 168-69; mutation and fitness, 149-50 Montagu, Ashley, 197 Morgan, Thomas Hunt, 38-39, 43, 145 moths (Uretheisa ornatrix), 73 Muller, H. J., 46, 47, 230n101, 230n104 muscular dystrophy, 204 mutations: DNA sequence, 10, 11, 17 38, 48, 49; nongenetic changes as equivalent to, 14-16, 54, 75-76, 101, 118, 135, 139-42 mutilations: inheritance of, 28, 32, 34-35, 91; circumcision, 34 Mycoplasma: M. capricolum ("California kid"), 120-29; M. mycoides, 120 Nakata, Atsuo, 214, 252n421

natural selection, 1, 24; adaptive evolution and, 223n1; adaptive evolution without,

286 🔳 Index

natural selection (continued)

27, 147-54; cultural evolution, 243n284; on cultural vs. genetic factors, 133, 141-42; Darwin's theory of evolution, 24, 28, 48, 225n15; epigenetic trait responding to, 57-58; epigenetic traits and, 155; extended heredity, 21-22; favoring anticipatory effects, 75; Fisher's fundamental theorem of, 113; fitness and, 235n172; fitness valley and, 184-85; genetic variation and, 7, 160, 168; maximizing inclusive fitness, 235n172; mutations and, 11, 15, 179, 254n433; nongenetic factors and, 138-39, 210; nongenetic inheritance and, 95-96, 99-101; Price's equation, 104-8, 149-50; production of variation and, 242-43n280; reproduction control, 248n349; strength on older individuals, 179, 182; weeding out "bad genes", 168, 173, 225n24

nature/nurture dichotomy, 31–32, 45, 48, 192, 229n70

Nazi Germany: eugenics, 46; genocide, 207; roles in Dutch and Leningrad famines, 202–3

Neanderthals, 3–6, 10; dental calculus, 252n413; lack of lactase persistence allele, 132; modern humans and, 132, 136; traits of, 5

Nelson, Vicki, 72

nematode worm (*Caenorhabditis elegans*), 67, 205

neo-Darwinism. See Modern Synthesis

neriid fly (*Telostylinus angusticollis*), 77–78, 169–70, 172, 181

noncoding RNA. See RNA

nongenetic factors: DNA and, 241n270; in heredity, 11–17, 138–40, 239n234; selfregeneration, 16–17

nongenetic inheritance, 14, 69–70; challenges of uncovering, 95–99; definition, 17–18; diet of ancestors, 76–79; driving adaptive evolution, 147–54; establishing evolutionary role of, 154–57; evolution of, 99–101; literature on, 69; parental effects, 70–73; potential for role in adaptive evolution, 140–44; potential for cumulative, openended change, 142; role of environment in evolution, 226–27n37

nongenetic variation, definition, 14 nonparental transgenerational effects (telegony), 78–79, 172, 236n178

nutrients, 13–14, 77–79, 88, 96–97, 200, 206 nutritional geometry, 96 obesity: in aging, 180; children prone to, 206; Drosophila, 67; human epidemic, 79, 211; maternal, 21, 88, 200–202; in mice, 57, 59 obligatory epigenetic factors, 52–53 Olfr151 gene, 60

On the Origin of Species (Darwin), 183

Överkalix population, 205, 211

Pál, Csaba, 209

- pangenesis: hypothesis of, 28, 29, 34, 63-64
- Papanicolau, George, 194-96, 248n347
- paradox of the lek, 168-71

*Paramecium*, 89, 90, 91; experimental mutilation of, 91; photograph under magnification, 89; single-cell organisms, 3, 17, 29, 40; soft inheritance, 37; structural inheritance, 92, 94

paramutation, 17, 64-65, 227n44

parasites, hosts antagonism and coevolution with, 159–66

parental age effects, 75, 181

parental care: lasting effects of, 79-81

parental effects: adaptive, 15, 243n282; anticipatory, 73–76; condition transfer, 170, effects on fitness, 73–76; in humans, 193–211. *See also* maternal effects; paternal effects parents, as template for development, 88–94

Parker, Geoff, 177

Parus major (great tit), 84

- paternal effects, 69, 70–73, 78, 169–70, 172, 234n158; condition transfer, 170; in humans, 204–6
- peacock (Pavo cristatus), 166-68, 170
- peacock spider (*Maratus volans*), 166–68, 170, 246n309
- peloric form of Linaria vulgaris, 55
- penicillin, 212-13, 252n416
- Peromyscus californicus (California mouse), 80

persister cells, 213

pesticides, embryonic development, 59

phenotype, 6, 14

- phenotypic memory, 19
- phenotypic variation, 240n256; conventional perspective of, 246n311; culture and, 139; extended heredity, 22; genetic variation for fitness, 168–69; heritable vs. nonheritable, 20
- Philosophie Zoologique (Lamarck), 26, 28
- *The Physical Basis of Heredity* (Morgan), 39
- Phytophthora infestans, 160, 244n299
- *Phytophthora sojae*-soybean interaction, 160, 162

Index 🔳 287

- Piotrowska, Karolina, 92
- Piper betle (betel vine), 206
- plasticity: developmental, 96, 146, 149, 152, 240n256; transgenerational, 152, 210
- population genetics, 48–49, 104, 113, 116, 126, 128, 168
- postfertilization, 9, 71, 97, 190
- posttraumatic stress disorder (PTSD), 207
- Prader-Willi syndrome, 203
- Price, George, 102, 103; analysis of selection, 104–8; derivation of equation, 110–11; dissection of equation, 111–13, 117–19, 164, 245n302, 245n305;
- Price equation, 109–13, 149–50, 164, 240n252; derivation of, 110–11; legacy of, 113–14 *The Price of Altruism* (Harman), 103 prions, 94–95
- Prohibition (1919–33), 195
- proteins: structural inheritance, 94–95
- protists. See single-celled eukaryotes
- "pseudoagouti" phenotype, 57, 101
- psychological trauma, 206–8
- pure epigenetic variation, 53–54
- pure lines, 39; bean plants, 35
- rabbits, 34, 201 Rassoulzadegan, Minoo, 64 rats: endocrine disruptors, 59 Red Queen dynamic, 159–60, 166, 244n296, 246n307 replicators: definition of, 19 reproduction: changing views of, 30 Ressler, Kerry, 59–60 ribosomes, 63 Richards, Eric, 52 RNA (ribonucleic acid): inheritance of, 62–66; RNA interference (RNAi), 63, 67; role in methylation of histones, 233n146 Rosett, Henry, 194 *Rps3a* defensive response, 160–62, 166

Sapp, Jan, 91, 231n108 Scheinfeld, Amram, 192, 196 Schistocerca gregaria (desert locust), 73–74 sea urchins: eggs of, 36 selection. See natural selection self-regeneration, 16, 40; behaviors, 16; nongenetic inheritance, 16–17 self-sustaining loops, 16 seminal fluid, 13, 73, 78, 169, 172, 205–6, 235n174, 251n390, 251n394 sexual coevolution, 166-72 sexual reproduction, 173-78, 190-91 senescence: aging process, 178-83 sexual imprinting, 84 sexual reproduction: evolution of, 172-78; fertilization, 12, 32, 60-61, 92, 173-76 Shannon, Claude, 103, 240n242 Sheldon, Ben, 84 single-celled eukaryotes, 89-90, 139-40; structural inheritance in, 90-91 single-nucleotide polymorphisms (SNPs), 98 Skinner, Michael, 58 sleeping sickness, 90 smoking (cigarettes), 15, 75, 151, 206, 218, 220 social learning, 81-85 soft inheritance, 26, 42; as genetic encoding, 27; maternal alcohol consumption, 35; refutation of, 41-45; research on, 37-39 Sollars, Vincent, 66 soma-to-germline transmission, 97 Sonneborn, Tracy, 90, 91, 93 Soviet Genetics and World Science (Huxley), 47 speciation: role of epigenetics in, 183-89 sperm, 73, 78, 86: egg and, 10, 13, 15, 32, 36, 54, 93, 97, 146, 173, 172-77, 181, 194-95; inheritance of RNA, 62-68; methylation in 59-61, 204-6, 235n174; sperm-borne factors, 172, 175, 197 Steele, E. J., 230n92 Sterelny, Kim, 11, 81 sticklebacks: parental care of, 80-81, 84 Stockard, Charles, 194-96 stress, 75, 140, 153, 168-69, 205; aging and epigenetic changes, 180-83; cortisol and, 207; elevated thermal, 68; of environment, 37, 53, 65-66, 99, 169, 201; genetic mutation rate, 96, 153; nongenetic mutation, 153; parent influencing offspring, 41-42, 65, 239n234; psychological response to, 97, 207-8, 211; separation from mother, 65, 79-80 structural inheritance: 88-95; protein structure, 94-95 Sumner, Francis, 35 Suter, Catherine, 57 symbionts, 13, 36, 85-88. 209 Systema Naturae (Linnaeus), 55 Szathmáry, Eörs, 19, 189-90 telegony, 78-79, 172, 236n178

telegram analogy,7, 44

#### 288 🔳 Index

telomeres, 99, 230n92 Telostylinus angusticollis (neriid fly), 77-78 tessellated darter (Etheostoma olmstedi), 187 thalassemias, 204 thalidomide, 198-99, 201-2, 220 three-spined sticklebacks (Gasterosteus aculeatus), 80-81 Through the Looking Glass (Carroll), 159 toadflax (Linaria vulgaris), 55, 56, 140 tortoise and hare analogy: evolutionary incarnation of, 119; nongenetic inheritance and, 141-42 tortoises: Darwin's, 178, 210 totipotency, 60 tragedy of the commons, 217, 253n428 transgenerational epigenetic inheritance, 54, 57-58, 61, 68, 69-70. See also epigenetic inheritance transgenerational plasticity, 152, 210 transposable elements (transposons): 10, 53, 56-57, 156, 231n116; role in epigenetic inheritance, 231n117 transcription. See gene expression transmission fidelity, 164 Truzzi, Marcello, 157 Trypanosoma brucei (parasite), 90 Type II diabetes, 200 Uller, Tobias, 20, 76 USSR (Union of Soviet Socialist Republics), suppression of genetics in, 46, 47, 230n101

Utetheisa ornatrix (moths), 73

Vavilov, Nikolai, 47

Venter, Craig, 133, 142, 213; chimeric bacteria, 1–4, 8, 120–29, 223n4, 224n7 vesicles, extracellular, 63, 205, 230n92 vinclozolin, 59, 101, 208

Waddington, Conrad, 52
Wagner, Kay, 64
Wagner, Richard, 20
Warner, Rebecca, 194
water fleas (*Daphnia* sp.), 73, 74
Weismann, August, 32–33, 34–35, 43, 78, 91
Weismann barrier, 30, 32–33, 189–90, 195–96, 205
West-Eberhard, Mary Jane, 146, 223n2, 240n256
Whitelaw, Emma, 57
Wilson, Thomas, 193 *Wolbachia* (Gram-negative bacteria), 86, 88
Wright, Sewall, 48, 116, 184, 185

X chromosome, 72

Y chromosome, 72–73 Yehuda, Rachel, 207

zebrafish, 61

Zernicka-Goetz, Magdalena, 92

Zirkle, Conway, 47

zygote: chromatin structure in, 66; epigenetic differentiation of cell lines from, 53; epigenetic profile in, 60–61, 98; fertilization and, 32, 36, 43; RNA contributing to, 62, 64–65; structure of, 93–94